Counseling Program Highlights

By Amanda Healey, Ph.D. Student

This semester, our counseling program has been recognized many times over by the American Counseling Association, as faculty and students continue to work hard in the community to bring recognition to themselves and Old Dominion. Students and Faculty accomplishments are recognized on pages 5 and 8 of this newsletter. Some of those awards include the ACA Fellow Award which was given to Dr. Ted Remley to recognize his extensive contributions to the counseling field. Dr. Danica Hays will be presented with the ACA Research Award at the Annual ACA conference in Hawaii.

Students recognized by the ACA include master’s students Shannon Hall and Lauren Hamar who were both awarded the 2008 Ross Trust Scholarship to recognize their academic achievements as well as their commitment to working in the K-12 environment. Amanda Healey, Mike Hauser, Katie Moore, and Cynthia Walley were awarded second place in the doctoral ACA Ethics Competition under faculty sponsor Dr. Ed Neukrug. Doctoral student Katie Moore was also awarded the Chi Sigma Iota Fellowship along with ten other CSI members nation-wide.

In addition to these national awards, faculty and students in the counseling program have continued to be active in the community. The Community Services Board in conjunction with the Counseling Program continues to work on developing the Free Clinic with plans to open it’s doors to practitioners, interns, and clients in the summer/fall of this year. For more information on this process under the advisement of Dr. Suzan Thompson, please see page 4 of this newsletter.

This Spring semester has only served to highlight the many accomplishments and growing recognition of the Counseling Program’s exceptional faculty and students.

Available Student Grants and Scholarships

Compiled by Amanda C. Healey, Ph.D. Student

STUDENT MULTICULTURAL RESEARCH AWARD
The Association for Multicultural Counseling and Development is pleased to announce the opening of nominations for the Dr. Daya & Mrs. Usha K. Sandhu Multicultural Counseling/Diversity Student Research Awards. The award will recognize students who have embarked on research in the area of multicultural counseling. Recipients must be student members of AMCD and enrolled in graduate school at the time of the nomination. Decisions will be based on the quality of the student’s research paper. The cash monies for these awards are as follows: First prize, $500; second prize, $300; and third prize, $200.

ACA STUDENT ESSAY CONTEST
The ACA Foundation announces its 2008 Graduate Student Essay Contest. Winner will receive $500 plus ACA membership. For topics, contest rules and full submission guidelines, go to www.counseling.org. Contest deadline is April 25, 2008.

Counseling Awareness Month
The more than 41,000 members of the American Counseling Association (ACA) take considerable pride in both their work and their accomplishments and seek to make the importance of counseling and the role of counselors better known throughout the nation and the world. To this end, ACA designates April of each year as Counseling Awareness Month, a time of advocacy for the profession and celebration of the outstanding efforts of counselors in myriad settings as they seek to facilitate the growth and development of all people.

SACES Research Grant
Due April 1, 2008. The competition is open to both professional and student members of SACES. Because of their need and because of the limited funding available for student research, student researchers are especially encouraged to apply. Individuals may submit (or be part of a submission team) for only one proposal. Multiple submissions by any researcher will not be accepted. For application contact Dr. Robin Lee of MTSU at rlee@mtsu.edu.
Research Team Experience

By Jennifer Schuster, Master’s Student

The Masters program in Counseling at Old Dominion offers many exciting opportunities for new students. Besides offering courses in multiple tracks such as College Counseling, Mental Health, Community Counseling, and School Counseling, the program has allowed me to become involved in an extracurricular research team. The team is comprised of both doctoral students and master’s students along with other faculty members from different departments. This experience has provided me with the chance to learn not only from my instructors but from doctoral students who have held the same positions that those of us in the Master’s programs are pursuing. It is really interesting to hear the perspective of the doc students on what the working world of counseling is like. The best part of the research opportunity has been refining my research skills and learning about the latest techniques and studies that are prevalent in the counseling field. I am truly excited about future chances to possibly publish and present at professional conferences. This opportunity is invaluable and I cannot wait to see what the future holds for our research team.

Summer Institutes

Dr. Jill Jurgens will take a group of students to Ireland, and Dr. Ted Remley will be taking students to Italy. Both experiences allow students to earn counseling graduate credits. Please look over the flyer provided by Dr. Jurgens for information on the June 23-July 7 Ireland study institute. “Estimated” Cost: $3200; program inclusive fee. This course is especially designed for undergraduate and graduate students of counseling and education fulfilling “diversity and social and cultural issues” requirements (i.e., HMSV 346 or COUN 655) or used as an undergraduate or graduate-level elective.

Dr. Ted Remley and Dr. Teresa Christensen will be taking a group of counselors, students, and counseling faculty members to Tuscany May 15-30, 2007 for the 5th annual “A Counselor’s View of Italy” study institute. In addition, a conference supported by the National Board of Certified Counselors International will be held in Florence, Italy May 31 & June 1, 2008. The deposit of $250 for this trip is due on January 15th. Information on these two events can be found at these web sites: http://education.odu.edu/pcl/italy_conf/ or http://www.nbccinternational.org/italyconference

Because of some recent cancellations, there are a few spots available for the Italy study institute for 2008, but apply soon if you are interested.

Upcoming Conferences

Call For Proposals

American Counseling Association Conference in Honolulu Hawaii to be held from March 26th through the 30th 2008. To find out more, go to www.counseling.org/Convention; Look for ACA in Charlotte, NC 2008 as proposals will be under review in April.

VSCA Annual Conference at the City Center Marriott in Newport News, April 2-4, 2008. Go to www.vsca.org for more information.

North American Society for Adlerian Psychology Annual Conference in Hershey, PA from June 26th through the 29th 2008. For more information go to www.alfreddadler.org

Italy Workshop and NBCC Bi-Lateral Conference held in Casa Cares and Florence, Italy from May 15th through June 2nd. For more information please go to http://www.nbccinternational.org/italyconference

N-CORE National Conference on Race and Ethnicity in Orlando Florida from May 27th through the 31st. For more information go to http://www.ncore.ou.edu/2008/

SACES Conference bi-annual conference in Houston, Texas from October 22 through the 25th. For more information go to http://www.saces.org/Current/conference.htm

NARACES Conference bi-annual conference in Portland, Maine from September 18th through the 21st. Accepting Proposals. For more information go to www.naraces.org/conference.html

NCACES Conference North Central ACES Conference in Indianapolis, IN from October 16th through the 18th. Accepting Proposals. For more information go to http://homepages.uc.edu/%7Eyagergg/ncaces.htm

“Afterism (n) - A concise, clever statement you don’t think of until too late.”
- John Alexander Thom, Author

REFLECTIONS
New Doctoral Students

Brandy Kelly received her Bachelor’s in Criminal Justice at Virginia Commonwealth University and her Master’s in Counseling from Hampton University. As an undergraduate student, Brandy worked as a parole and probation officer for the Department of Corrections and it was her work with incarcerated youth that sparked her interest in counseling. She currently works as an elementary school counselor at Newport News Public Schools, where her students are her passion. Her interests in counseling are school counseling, rehabilitation counseling and counselor education. In her spare time, Brandy loves to travel and she has visited the Bahamas, Mexico, England, Puerto Rico, the Dominican Republic and Jamaica.

Rebekah Byrd received her M.S.ed. from ODU. During her master’s work, she has worked as a school counseling substitute in two schools in Norfolk, worked on numerous grants in public schools in Portsmouth, and served as a research assistant at EVMS. She also has experience working in psychiatric wards and outpatient crisis centers. Currently she is working as ODU coordinator for the RALLY program at Blair Middle school. Other involvements consist of research for publication, preparing for conferences, and serving as a chair for CSI. Her interests lie in acute care and social justice advocacy.

Elizabeth Prosek graduated from Penn State University with a B.S. in Human Development and Family Studies and from Old Dominion University with a M.S. Ed. in Agency Counseling. Her research projects include the development of counselor-trainees, the process of counselor diagnosis and cultural implications, and assessments and cultural implications of domestic violence. Elizabeth works full time with the Norfolk Community Services Board as a Supportive Living Counselor, serving the intellectually disabled and seriously mentally ill population.

Nial Quinlan’s experience in counseling includes Substance Abuse Group work at Psychotherapy and Addiction Services in Newport News. There he conducts groups for ASAP and for male prisoners who have a history of substance abuse and are transitioning back into society. Nial has also worked as Professional Counselor at ODU’s Counseling Center after his graduation from ODU. He was hired as one of the full time staff at the Center for close to two years.

Nial is a member of the AGPA - American Group Psychotherapy Association and MAGPS - Mid-Atlantic Group Psychotherapy Society. He served on the board of the MAGPS up until last year.

He hold degrees from Tulane University - BSM and Old Dominion University MsEd in Community Agency Counseling. He hold an NCC certificate and has completed the requirements for his LPC. He will be sitting for his licensure exam in the summer.

Nial and his partner live in Yorktown, VA. His hobbies include swimming, boating, painting and gardening.

“There are things known and there are things unknown, and in between are the doors.”

- Jim Morrison, Singer/Song Writer
"We don’t see things as they are, we see things as we are.”
- Anais Nin, Author

New Doctoral Students

Susanne Preston, LPC, NCC received her M.S. in Counseling Psychology from Chaminade University in 2002 and her B.S. in Psychology at Virginia Tech in 1999. Susanne is currently a clinician at the Pendleton Child Service Center and has previous experience working as a school counselor and as a child and family clinician in the Virginia Beach area. Her hobbies include traveling and yoga and her professional interests lie in her work with children and adolescents, as well as continuing training and practice of play therapy.

Free Clinic Opening

Anticipation for the opening of the counseling clinic in conjunction with the Community Services Board is high. Doctoral and Master’s students alike had hoped to start working on their clinical hours this Spring semester, but while the building is not ready, the CSB continues to work on setting up the procedures necessary to ensure appropriate service to the community. Dr. Suzan Thompson and assistant doctoral students Katie Moore and Sophia Tailor meet frequently with the CSB in order to ensure a summer/fall opening this year.

Dr. Thompson worked tirelessly in conjunction with the CSB this semester to get the facility ready for practicum students; however, due to time constraints, the policies and procedures for services continue to be under development and review. Dr. Thompson remains hopefully that the necessary foundation will be in place by May/June of this year so that students may begin their clinical work at the site. This facility will provide for doctoral and masters students to serve the mental health needs of those in the community to gain time towards practicum, internship, and licensure. The site also provides space for team meetings and supervision. It is hoped that a more integrated technological system can be used to record sessions for the purposes of supervision in the future. This will also allow for students to gain realistic insight into the workings of a typical mental health agency.

For those of us looking for licensure, internship, or just time brushing up on counseling skills the Clinic cannot open soon enough. Hopefully, through the continued efforts of Dr. Thompson, Katie Moore, and Sophia Tailor, our anticipation will soon be replaced with the rigors, challenges, and rewards of counseling.

Clinic Staff headed by Dr. Suzan Thompson assisted by Doctoral Students (from right) Katie Moore and Sophia Tailor.
Faculty Accolades

Publications

Books

Books Chapters
Hays has been appointed Founding Editor of a new journal of the Association for Assessment in Counseling and Education, Counseling Assessment Research and Evaluation, and will begin service as of Summer 2008. Amanda Healey will serve as the editorial assistant for the journal.

Presentations

Videos
New training video by Dr. Garrett McAuliffe just completed called Practical Skills in Culturally Alert Counseling: Demonstrations of Work with Conservative Religious, African American, Asian, and Latino/Latina Clients. With the help of Dr. Tim Grothaus, Gwen Lee-Thomas, and Dr. Tammi Milikken, Garrett has produced a video demonstrating issues in work with conservative Christian, African-American, Asian, and Latino/Latina clients. The video should be a useful accomplishment for multicultural counseling courses and supervision. This DVD is Garrett's third cultural training video, the other two focus on work with lesbian and gay youth and on overall key issues in infusing culture into counseling. Together, these three videos parallel six chapters of the textual material from Garrett's new book Culturally Alert Counseling: A Comprehensive Introduction.

Dr. Danica Hays has been selected to serve a three-year term on the editorial review board of Adultspan, the national refereed journal of the Association for Adult Development and Aging. Her term will begin in July 2008.

Awards
Dr. Danica Hays will be recognized as an ACA Fellow at the annual conference in Honolulu, Hawaii, March 2008.
Dr. Garrett McAuliffe was named University Professor, which is a life-time designation for outstanding teachers who have demonstrated their work over a period of time.
Dr. Garrett McAuliffe received the Instructional Publication Award from the College of Education for his publication of three journal articles, a book chapter, and a newsletter article last year and his book and DVD Culturally Alert Counseling this year.

Future Co-editor of the journal: Human Service Education.
Student Accomplishments

Conference Presenters:
Krystal Freeman, VACES Graduate Student Conference, Roanoke, VA, February 2008.
Shannon Hall and Rachel Moore (April, 2008). Creative Strategies for Connecting with Today’s Adolescents and Effectively Facilitating Small Group Counseling, Newport News, VSCA.

Awards:
Sikes, A. Omega Delta Outstanding Doctoral Student Award (2007). Old Dominion University.
Shannon Hall and Lauren Hamar (2008) won the ACA Ross Trust Scholarship.

Publications:
Healey, A. (Spring, 2008). Advocacy and Supervision in Working with Children in Foster Care, SACES Spring Newsletter.
Smith, B. (Spring, 2008). A topic relating to spirituality in counseling. VACES Spring Newsletter.

Conference Proposals in Review:
Jasmine Harris and Amanda C. Healey Gatekeeping: What the Literature and the Courts Tell Us With: Dr. Remley; SACES, Houston, TX, October, 2008
Jasmine Harris Self-Destructive Behaviors and Interpersonal Violence: Ethical and Legal Concerns With: Dr. Hays; SACES, Houston, TX, October, 2008

Service:
Deaver, S. (2007). Guest Instructor for Christensen’s play therapy 3-hour workshop on “Art Therapy: Play Therapy Applications.”
Program Information and Upcoming Events

Student Announcements

Compiled by Amanda C. Healey

Alumni Rachel Moore accepted a job as a school counselor at Bethel High School in Hampton after learning of the position while volunteering at the ODU Counseling Booth at recent VCA Conference. Remember to volunteer for opportunities to promote the program, it may land you a job! Congratulations to Rachel!

REMEMBER to check your ODU e-mail regularly for program opportunities and announcements.

Doctoral Written Candidacy:
Friday, March 21st—Monday, March 24th

Doctoral Oral Candidacy:
Friday, April 11th at 11:30am

Good Luck to Doctoral Students:
Breyan Williams-Hazlip, Katie Moore, April Sikes, Mike Hauser, David Richels, and Cynthia Walley

Dance Aerobics class taught by doctoral student April Sikes every Friday at 4pm in Room B, 47th Street Gym.

Teaching Opportunity

Perhaps some of you would be interested in teaching part-time at a community college while you are earning your degrees in counseling at ODU. Graduate assistants could do this teaching in addition to their coursework and graduate assistant duties to enhance their graduate experience, if they have the time to do everything well. The Chancellor’s Graduate Student Fellowship program creates opportunities for graduate students to teach courses at a VCCS college while still in graduate school. The program matches university students with community colleges in their local area. Students teach a course and receive mentorship from a full-time VCCS faculty member. You may contact VCCS regarding their Graduate Teaching Opportunities. The contact at TCC is Valerie Evans. This is a wonderful opportunity for graduate students. The information is posted in the eRecruiting system.

Research Team Members:
Jasmine Harris, Paige Owen, Kelly Emelianchik, Nicole Kyser, Amanda Healey, Jennifer Shuster, Rebekah Byrd, Cynthia Walley, and April Sikes

Congratulations to our May and August Graduates:

Byrd, Cynthia Walley, and April Sikes

Teaching Opportunity

Several students are also scheduled to present at the upcoming VSCA conference in April to be held in Newport News, Virginia. Presentation proposals have also been submitted for the Southern Association for Counselor Educators and Supervisors by Counseling students and faculty. Several faculty members and doctoral student Katie Moore will represent Old Dominion at the upcoming annual ACA conference in Honolulu, Hawaii.

Old Dominion at Professional Conferences

By Amanda C. Healey, Ph.D. Student

Old Dominion Students and Faculty have represented our program at several conferences since the beginning of this year. Students Mike Hauser, April Sikes, Shannon Hall, Jasmine Harris, and Kristal Freeman were among those in attendance of the Virginia ACES Graduate Student conference this spring. As well as attending, they also presented on a variety of topics.

GTA Supervisor Evaluation due April 27th, 2008!!! Give to John Hickerson, ED 110-B

Success is the ability to go from failure to failure without losing your enthusiasm.
- Sir Winston Churchill

Volunteer for counseling education programs. The listerv allows students to talk with each other directly about what they are learning in their programs, provide assistance, resources, alternative perspectives, support and encouragement.

TO SUBSCRIBE TO COUNSGRADS:
send an email to: listserv@lists.acs.ohio-state.edu in the body of the message, type: subscribe COUNSGRADS yourfirstname yourlastname

Site Supervisor Workshop. It’s on April 4th. To be presented by Dr. Suzan Thompson and Doctoral students April Sikes and Sherry Todd.

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February 28th and the December graduation application deadline is June 30th.
A graduation and awards ceremony entitled “An Evening of Achievement” will be held to honor our graduates and awards recipients on May 9th from 6pm until 9pm.

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ANNOUNCEMENTS:
If you are interested in serving on an of the CSI committees, please contact the faculty advisor for information:
Dr. Danica Hays: dhays@odu.edu

Election Results for Executive Board 2008-2009:
Rebekah Byrd, President-Elect
April Sikes, Secretary
Cynthia Walley, Treasurer

Mark Young Workshop to be held April 18th from 9am to Noon
An Evening of Achievement graduation and CSI induction event will be held on May 9th from 6 to 9pm.

AWARDS:
Katie Moore, President, was selected as one of ten members to receive the CSI 2008 Annual Fellowship Award. Congratulations to our fearless leader!
Rebekah Byrd, Community Service Chair, selected as the Outstanding Service Award winner.
CSI Chapter Grant awarded for the upcoming Mark Young Workshop event.

Public Relations Krystal Freeman
Community Service Chair Rebekah Byrd
Professional Development Chair Katie Moore
Wellness Chair April Sikes
Event Planning Chair(s) Cynthia Walley and Elizabeth Proseck

All Committee Chair positions are open for consideration by 2008-2009 president Amanda Healey. If you are interested in serving, please contact Amanda C. Healey at ahealey@odu.edu

The Executive and Committee Board

Current Board Members and Committee Chairs include:

President Katie Moore
Treasurer Mike Hauser
Secretary Lindsey Meyers
President-Elect Amanda Healey
Membership Committee Chair(s) Bianca Puglia and Veronica Pope
Fund Raising Chair Amanda Healey
Awards/Recognition Chair Sarah Joyce

CSI Board Elections held between March 7th until March 21st. Chair positions will be available following the completion of the elections. Please contact Amanda C. Healey at ahealey@odu.edu if you are interested in serving.

CSI Board and Chair Welcoming and Meeting to be held at the Black Finn Restaurant on April 25th beginning at 5pm. For more information please contact President Katie Moore at ksmoore@odu.edu

Mark Young Couples Counseling Workshop will be held on April 18th in the Webb Center from 9am until 12pm. CSI member cost is $10. Please contact Katie Moore for more information and see page 11 of this newsletter for more details about location and registration.

CSI Induction Ceremony to be held on May 9th from 6pm until 9pm in the Webb Center on Old Dominion University Main Campus. For ticket information, please see page 12 of this newsletter. Open to CSI members and Aug. 2007 - Aug. 2008 counseling program graduates.

Rock n’ Roll Marathon being held August 31st is just one of the many fitness events sponsored by the Wellness Committee. If you would like to participate, please contact April Sikes at asikes@odu.edu and see page 10 of this newsletter for more information about upcoming fitness events.
Meet and Greet: Spring Welcome Party

By Amanda C. Healey, PhD Student

The Spring Meet and Greet was another successful gathering, providing an atmosphere for potential new members to get information about CSI and for current members to meet and catch up with one another’s professional progress. Drinks and snacks were donated by various CSI members and the gathering was organized by the Event Planning Committee, headed by doctoral students Cynthia Walley and Elizabeth Prosek.

Several faculty members were in attendance including CSI advisors Dr. Danica Hays and Dr. Teresa Christensen. The department Chair Dr. Dana Burnett was present along with Counseling Program Coordinator Dr. Ted Remley.

The Meet and Greet gatherings are largely held for the purpose of allowing new and potential members to get to know the faculty and students involved in the organization as well as provide an opportunity to ask questions about the benefits of membership. Announcements were made concerning the NCE/Comps review workshops that were held in January and February, as well as information about the upcoming Mark Young Workshop and the Big Splash professional speaker series that will begin in the Fall. We look forward to seeing everyone again for the Fall 2008 Meet and Greet!

Notes from the President

By Katie Moore, CSI President

As we near the end of CSI – Omega Delta’s inaugural year, our members have much to be proud of. Not only does membership in an international honor society signify one as an outstanding student, but taking an active role in our chapter opens doors to a variety of service and professional development opportunities.

Over the next two months, we have two special events planned to round out the year. First, on April 18th, we’ll host a professional development workshop titled “Creative Couples Counseling.” We’re proud to host Dr. Mark Young from the University of Central Florida as our workshop facilitator. Dr. Young is a leader in our field, and his willingness to participate as our facilitator is a testament to the outstanding network among Chi Sigma Iota chapters around the country.

Our last event of the year will be an Evening of Achievement dinner on May 9th. I hope you’ll join us as we honor the many award recipients from our department as well as our graduates. Friends and family are most welcome and will certainly make the event even more special.

If you’ve not yet joined CSI – don’t hesitate! We’re just getting started, and if our first year is any indication, our chapter is set to accomplish great things! Also, in addition to the current election for the 2008/2009 officers, we’re actively recruiting committee chairs. If you’ve wanted to get more involved, this is your chance! Just let any current CSI board member know that you’re interested.

On a personal note, I am very proud to have been selected as a Fellow for Chi Sigma Iota International. I will travel to the ACA Conference later this month and participate in a full day of leadership training and other CSI events. It’s an honor to represent ODU, and I’m especially proud to show others what a strong chapter we’ve been from the start!

Membership Information

To become a member of CSI-Omega Delta Chapter here at ODU, you must be a graduate level counseling student with a GPA above 3.5 following at least nine graduate credit hours. You can join at www.csi-net.org and make sure to include that you will be a member of the Omega Delta Chapter. Annual membership is $35 and chapter membership dues are $15 for the first years and $5 for every subsequent year. Chapter dues should be given to faculty advisor Dr. Danica Hays. Please consider joining our organization!

As a student or alumni member, you can participate in CSI sponsored functions at a discounted rate and will be eligible to receive funding and scholarships through CSI and our CSI chapter as they become available. You may also choose to serve on a planning committee, either as a member or a chair. If you are interested in serving a committee or running one, please contact Amanda C. Healey at ahealey@odu.edu.

Live as if you were to die tomorrow.
Learn as if you were to live forever.

- M.K. Gandhi
By April Sikes, Wellness Committee Chair

Counseling Faculty and Students,

I hope you are having a successful, healthy, and active semester.

The Wellness Committee is off to a healthy start for the New Year! We held our first workshop, “Stress Management”, on January 25th. During this workshop, Dr. Laurie Craigen presented tips and strategies to help participants relieve and manage stress. Thank you Dr. Craigen for your informative presentation!

Do you find yourself feeling guilty about not meeting your fitness goals this year? If so, don’t despair! As spring rolls around there are a variety of fitness opportunities available. Check out these upcoming fitness events:

- Annual Shamrock Marathon (March 15-16)
- Cerebral Palsy 5K Run and Walk-A-Thon (April 12)
  [www.chesapeakebay10k.kalerunning.com/](http://www.chesapeakebay10k.kalerunning.com/)
- Dismal Swamp Stomp (April 19)
  [www.visitchesapeake.com/dismalswampstomp/](http://www.visitchesapeake.com/dismalswampstomp/)
- Chesapeake 10K (April 26)
  [http://www.chesapeakebay10k.kalerunning.com/](http://www.chesapeakebay10k.kalerunning.com/)
- Rock ‘n’ Roll Marathon (August 31)

In addition to being great opportunities for fitness, they are also great for volunteering. Our CSI chapter would like to volunteer in at least one of the events. If you are interested in volunteering, let me know and I will include you in the registration process. We welcome as many volunteers as possible!

You may access information regarding each event at the websites listed above.

If you have questions regarding these events or volunteering, please do not hesitate to contact me. I look forward to hearing from you.

Remember to take time for yourself – nothing is more important than your health.

Best wishes for an active and healthy semester!

April Sikes, M.Ed., LAPC
Wellness Committee Chair, Omega Delta Chapter of Chi Sigma Iota

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You and Your Family Are Invited
To
An Evening of Achievement

Come have a three course meal with administrators, faculty and students as we take time to present awards, induct new Chi Sigma officers, and honor our Counseling Program graduates from the past year. Spend time with the faculty and listen as they take time to acknowledge each graduate’s achievements as well as present national, departmental, and CSI chapter awards. Event sponsored by the Omega Delta chapter of Chi Sigma Iota.

**RSVP** by April 20, 2008

**DATE:** MAY 9, 2008
**TIME:** 6PM TO 9PM
Old Dominion Webb Center
Cape Charles/Isle of Wight Rooms

**Contact Amanda Healey for more Information:**
[ahaleyl@odu.edu](mailto:ahaleyl@odu.edu)

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Rock ‘n’ Roll Marathon (August 31)

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You and Your Family Are Invited
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We are getting the year started by planning new fundraising and community service initiatives for the community and fund raising initiatives.

We likely become a yearly event to support and help students pass upcoming examinations. Special thanks to our volunteer instructors: Cynthia Walley, Katie Moore, Brenda Smith, April Sikes, Amanda Healey, Mike Hauser, Risi Green.

In the fall, the fund raising committee hopes to develop another gathering similar to the Karaoke night held in November of 2007. We look forward to seeing new, current, and alumni members in attendance and more information on this event will be available in the future newsletter.

The community service committee, currently chaired by Rebekah Byrd, hopes to continue its work with the Harbour Point assisted living facility by holding another volunteer day with the residents this summer. If you are interested in participating in this event, or have other community service ideas, please contact Rebekah Byrd at rebekah.byrd@gmail.com.

Community & Fund Raising Initiatives

By Amanda C. Healey

April 12: Cerebral Palsy 5K Run and Walk-a-thon, participation as sponsored by the Wellness Committee

April 18: Couples Counseling Workshop with Dr. Mark Young from 9am until 12pm in the Webb Center

April 19: Dismal Swamp Stomp, participation as sponsored by the Wellness Committee

Board Meeting at the Black Finn

April 26: Chesapeake 10K Run, participation as sponsored by the Wellness Committee

April 29: Last Day of Classes

May 9: Evening of Achievement award ceremony, CSI Induction, and graduate honors as sponsored by CSI and the Counseling Program from 6pm until 9pm.

Schedule of Events

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APRIL 2007

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Couples Counseling Workshop

Join us as speaker Mark Young, PhD comes to discuss Creative Couples Counseling, based on his book Counseling and Therapy for Couples. Workshop will be held in the Cape Charles/Isle of Wight room in the Webb Center at Old Dominion University. Event to be held on April 18th from 9am until 12pm.

For additional information contact Katie Moore at ksmoore@odu.edu

$10 CSI Members

$20 Before 3/17

$25 After 3/17 & At Door

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We are getting the year started by planning new fundraising and community service initiatives for the summer and fall of 2008. Currently, all committees are in transition and a new chair and members will be expected to take on the challenges of the next school year in May. It is the hope of the fundraising committee that the Big Splash event starting in the Fall as sponsored by CSI will help to bring in funds to support student members attend conferences and provide for other educational money in the coming years. We also hope to see a great turn out for the Mark Young Couples Counseling Workshop to be held on April 18th. In addition to the planned professional development workshops, we also held NCE and Comps Review workshops this Spring. CSI plans to develop a study guide and provide this material to students for a fee later in the year. NCE and Comps Review sessions will likely become a yearly event to support and help students pass upcoming examinations. Special thanks to our volunteer instructors: Cynthia Walley, Katie Moore, Brenda Smith, April Sikes, Amanda Healey, Mike Hauser, Risi Green.

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OLD DOMINION UNIVERSITY is located in Norfolk, the hub of historic Eastern Virginia. A member of Virginia’s prestigious public college and university systems, Old Dominion is one of the oldest and most rapidly growing institutions on the Atlantic seaboard. The 200-acre campus borders historical, recreational, cultural and military facilities. Nearby are Williamsburg and Yorktown, the Chesapeake Bay and the Atlantic Ocean beaches, the Chrysler Museum, and NASA-Langley, the birthplace of our space program. Old Dominion University has a student body of nearly 19,000, and offers baccalaureate degrees in 65 areas, master’s degrees in 64 areas, two certificates of advanced study, and doctoral degrees in 21 areas. The University is composed of six colleges: Arts and Letters, Business and Public Administration, Education, Engineering and Technology, Health Sciences, and Sciences. Old Dominion’s primary mission is to meet the educational and professional needs of Hampton Roads and the students who come to the University.

The Darden College of Education prepares students for work in the dynamic and challenging fields of professional education and counseling. The college trains general and special education teachers, administrators, librarians and counselors, and prepares students for work in such areas as career management, family life education and clinical speech-language pathology. The Darden College of Education is accredited by the National Council for Accreditation of Teacher Education (NCATE) and the Virginia Department of Education. The master’s program in counseling is also accredited by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP). The University has initiated interstate certification contracts with 39 other states so Old Dominion graduates certified to teach in Virginia might gain reciprocal certification in such states as New York, New Jersey, Delaware, Pennsylvania, Connecticut, Maryland and North Carolina.

For More Information about the Counseling Program, please contact Admissions assistant Cynthia Walley at 757-683-6132 or by e-mail at cwalley@odu.edu. You can also get information in Room 110 of the Education Building.