April 1st through the 5th has been set aside by the National Association for Graduate and Professional Students as a time to acknowledge the contributions and importance of graduate students in the United States. Graduate education is being increasingly recognized for the role it plays in addressing the many challenges of our society. We take this opportunity to celebrate more than 5000 graduate students who are pursuing graduate degrees here at ODU. The work that you do as graduate teaching, research, or administrative assistants; the research that you do with faculty, your service as graduate student leaders, along with your input as graduate learners, adds to the richness of our campus community and significantly contributes to the learning and engagement missions of our institution.

To celebrate the National Graduate and Professional Appreciation Week, the Graduate Student Organization (GSO) is having an open reception for ALL graduate students on Thursday, April 4, 2013, from 1:30-4:00 pm in the River Rooms of the Webb Center. There will be light refreshments! I encourage you to stop by to meet and network with other graduate students. Thank you for choosing to pursue your graduate education at ODU. I look forward to seeing you at the celebration!

- Dr. Brenda Neumon Lewis, Associate Vice President for Graduate Studies

WHAT IS THE GRADUATE STUDENT ORGANIZATION?
A MESSAGE BY GSO’S PRESIDENT, DANIELLE FOREST

As you’ve read past issues of this newsletter, you may have wondered, “What is the Graduate Student Organization? What can membership in this group do for me?”

The Graduate Student Organization (GSO) was established several years ago. Today’s GSO is comprised of over 100 students representing each of the six colleges at Old Dominion. Our group focuses on three areas: providing professional development, advocating for the interests of graduate students, and creating opportunities for socializing and networking. In the past year alone, GSO members have created a guide to help new students transition to life at ODU, facilitated a CV writing workshop for students of all majors, advocated for better parking for graduate assistants, and planned several social events.

GSO offers its members the opportunity to become more involved in campus life and to meet new people. Often, graduate students spend much of their time with their program colleagues, but becoming active in GSO gives you the chance to connect with people from a broad range of academic and professional backgrounds. This creates opportunities for collaborative, cross-disciplinary research projects as well as new friendships.

Joining GSO is free, and it’s easy to sign up: visit us on OrgSync, ODU’s new platform for student groups, or view the instructions at our main website. We’re also on Facebook, LinkedIn, and Twitter, and if you miss a meeting, you can catch up by visiting our YouTube channel. Further, if you have great ideas that you would like to implement, consider running for a position on the 2013-2014 executive board. The application is available to all current GSO members on the OrgSync site.

Still have questions about GSO? Write to us at MonarchGSO@gmail.com or connect with us online.
Mr. Dwayne Nelson graduated from the Master of Engineering Management Distance Learning program in December of 2012 and is currently employed by the US Navy as a government civilian employee. Nelson started his career at the Naval Surface Warfare Center Dahlgren Division (NSWCDD) as an AEGIS Weapon/Combat Systems Engineer. Before he applied to ODU, Nelson had earned three Bachelor’s degrees in Applied Mathematics, Electrical Engineering and Computer Engineering. A South Carolina native, Nelson is the president of the local chapter of the National Society for Black Engineers. With other students, Nelson started the Potomac River chapter under the umbrella of the NSBE. The chapter covers Fredericksburg, Dahlgren, and King George’s communities. The organization is geared towards promoting science, technology, engineering and mathematics (STEM) in local communities as well as in local elementary schools, middle schools and high school populations. “We want to promote STEM to young inspired engineers through our signature programs. “Walk for Education,” is one of the annual events we do. Last year, the program was sponsored by ODU. I am very glad that we were able to give back to the community and help people with applying to colleges, for scholarships, grants, FAFSA etc.,” said Nelson.

THE KONIKOFF DENTAL HYGIENE CARE FACILITY

The School of Dental Hygiene at Old Dominion University’s offers an innovative curriculum to all graduate students in the Master of Science degree with an emphasis in dental hygiene. The program includes specialized options in education, administration/management, research, marketing, and community health. It also offers a unique opportunity for graduate students to practice their skills in a real work environment at the state of the art Konikoff Dental Hygiene Care Facility. The program provides comprehensive dental hygiene care on campus. These services are available to Old Dominion University graduate and undergraduate students, faculty, and staff, and to the local community. The goal of the staff at the Dental Hygiene Care Facility is to assist individuals in eliminating and preventing oral disease and in maintaining optimal health. "We try to get our patients to a state of what we call, “oral wellness” said Lynn Tolle, clinical director of the program. One of the more significant benefits of utilizing this program is its financial value. Minimal fees are charged to cover the expenses of supplies used during patient care. They vary between $25 and $45. Fees are paid at the beginning of the first appointment. If multiple appointments are necessary to complete treatment, no additional fees are charged to the patient. According to Tolle, private practice fees for similar services are at least five times more expensive. The facility is staffed and supervised by licensed dental hygienists and dentists. The dental hygiene practice fees for similar services are at least five times more expensive. The facility is staffed and supervised by licensed dental hygienists and dentists. The dental hygiene

Dental Hygiene student Hadeel Ayoub teaching instrumentation skills to first year dental hygiene students,

ized accrediting body recognized by the Council on Postsecondary Accreditation and the U.S. Department of Education.

The clinic’s business hours vary by semester according to student’s schedules. However, appointments are usually available at all hours of the day. If a patient is unable to keep an appointment, advance notice of 48 hours is required to allow the students to arrange to treat other patients. According to the clinic’s policy, it is important to remember that patients with more than two cancellations will be inactivated from the care facility. The clinic is located on the first floor of the Health Sciences Building at the corner of Hampton Boulevard and 46th Street. The main entrance to the facility is on 46th Street. Parking passes are available for Garage D opposite the main entrance for the day of the appointment. Due to the limited parking, patients are encouraged to allow extra time before appointments to obtain a pass and find a parking spot. Appointments are usually three hours in length, and some patients need more than one visit to complete their care.

For more information, please call 757-683-4308, Monday through Friday, from 8 a.m. to 4 p.m., or visit them at: http://hs.odu.edu/dental/dh_facil.shtml.
ODU’S OUTDOOR ADVENTURE PROGRAM

The Outdoor Adventure Program (OAP) is operated through Old Dominion University’s Recreation and Wellness department. The program offers great opportunities for graduate students to engage in personal exploration, relaxation and recreation through a variety of activities and trips. From kayaks and bikes to tents, the Outdoor Adventure Program offers a wide variety of rental equipment to help students enjoy the outdoors. These programs and activities are also a great way to meet new Monarch friends. All rentals are free of charge for registered ODU students. Here are some of the ongoing and upcoming programs and events:

BIKE SHARE PROGRAM:
Week Long Rentals!
The Bike Share Program offers FREE week long bike rentals to students. The bikes come with a U-lock, basket, and helmet and can be checked out by any student, staff or faculty member of the Student Recreation Center. These bikes are great for getting around campus and increasing your day to day physical activity.

Registration: Bikes are available on a first come, first served basis.

BELAY FOR LIFE EVENT:
The Recreation and Wellness Department welcomes students to join the The American Cancer Society in an alternative way to help end cancer. Participants are asked to make a pledge and climb to their goal in order to raise awareness about cancer prevention and to help raise money for the ACS. The pledge of $10 includes a Belay for Life T-shirt. All skill levels are encouraged to participate however possible.

Dates: Sunday March 17- Thursday April 11 during normal wall hours.

CLIMB GREEN EVENT:
This program encourages student to come to the climbing wall wearing green in support of Earth Day and The Access Fund. Participants also receive a green treat. The Access Fund is an organization aimed at keeping climbing areas open as well as conserving the climbing environment.

Skill Level: All skill levels are welcome!

Date and time: Earth Day, Monday, April 22 from 4pm-11pm

Registration: No sign up is needed, just come out and climb!

Cost: FREE

* Note: All students who wish to use the climbing wall must bring their health insurance information.

For the first time ever, the club is also organizing a Winter Break Trip for the fall semester of 2013 to Florida Sea Base Out Island Adventure.

Mandatory Pre-Trip Meetings: Sunday, October 27th at 7pm and December 8th at 7pm in the Sports Club Suite.

Skill Level: Beginner

Student Fee: $350.00

SRC F/S Member Fee: $400.00

Registration: Opens August 26th

For more information, visit: http://www.odu.edu/life/sports-and-fitness/programs/outdoor-adventure-programs or https://www.facebook.com/ODUOutdoorAdventureProgram.

Dissertation / Thesis Support Group

• Can’t seem to get motivated?
• Distracted by other professional and personal demands?
• Having a difficult time collaborating with your committee members?
• Working on a literature review that seems never-ending?
• Feeling overwhelmed with data analysis?

Take a break from your work and join other doctoral students in gaining support and debriefing emotional challenges associated with the dissertation process.

Spring/Summer, 2013 Semester Support Group Meetings

Mondays, 3:00 p.m.- 4:30 p.m.

Wednesdays, 10:30 a.m-12:00 p.m.

Counseling Services, 1526 Webb Center

For more information about scheduling a pre-group meeting, contact Dr. Frank Kuo via telephone at (757) 683-4401 or e-mail: ckuo@odu.edu
Thank you for sharing your story.

Q- What are some of the things you appreciate the most about getting your graduate education at ODU?

A- My name is Kelly S. Rippard, and I am a Ph.D. student in the Curriculum and Instruction concentration in the Darden College of Education. However, I have previously been a graduate student at ODU for both an M.A. in English and an M.S. in Secondary Education. All of my experiences as a graduate student have been positive as I have really strengthened my knowledge and skills, networked, and met faculty members who have continued to support and encourage me. I think ODU is exciting and unique in that it offers many opportunities to get involved with the Hampton Roads community and make connections with students from all of the different colleges within the University. Further, ODU’s enrollment growth with international, distance, and out-of-state students has allowed me to make connections with groups of people I would have never met, making me a more globally-prepared graduate and giving me opportunities for conferences and travel.

Thank you for sharing your story with us Kelly!