LOWER DIVISION GENERAL EDUCATION

A. Skills

**Written Communication**

ENGL 110C  ___________ 3(ENG 111)*
ENGL 211C, 221C, or 231C  ___________ 3(See transfer guide)

**Oral Communication**

COMM 101R, 103R, or 112R  ___________ 3(See transfer guide)

**Mathematics**

MATH 102M or 162M  ___________ 3(MTH 158 or 163)*

**Language and Culture**

_____0-6(See transfer guide)

Information Literacy and Research

(satisfied with EXSC 431 in major)

B. Ways of Knowing

**Human Creativity**

ARTH 121A, ARTS 122A, MUSC 264A, DANC 185A, THEA 241A, COMM/THEA 270A  ___________ 3(See transfer guide)

**Interpreting the Past**

HIST 100H, 101H, 102H, 103H, 104H, or 105H  ___________ 3(See transfer guide)

**Literature**

ENGL 112L, 114L, or FLET 100L  ___________ 3(See transfer guide)

**Philosophy & Ethics**

PHIL 110P, 120P, 140P, 230E, 250E, 303E, 344E, 345E, 441E, or 442E  ___________ 3(See transfer guide)

**The Nature of Science**

BIO 115N  ___________ 4 (BIO 101)*
BIO 116N  ___________ 4(BIO 102)*
PHYS 111N  ___________ 4(PHY 111 or 201)*

**Human Behavior**

PSYC 201S required

**Impact of Technology**

(satisfied with EXSC 417W in major)

Exercise Science Requirements

BIOL 250 Anatomy and Physiology I  ___________ 4(BIO 141)*
BIOL 251 Anatomy and Physiology II  ___________ 4(BIO 142)*
CHEM 121N/122N Found of Chemistry I  ___________ 4(CHM 111)*
CHEM 123N/124N Found of Chemistry II  ___________ 4(CHM 112)*
EXSC 225 Intro to Exercise Science  ___________ 3
EXSC 250 Strength & Condition Leadership  ___________ 3
EXSC 322 Anatomical Kinesiology  ___________ 3
EXSC 340 Prevention/Care Injuries  ___________ 3
EXSC 408 Nutrition Fitness and Sport  ___________ 3
EXSC 415 Exercise Test/Nml/Spc Pop  ___________ 4
EXSC 417W Adv Kinesiology/Biomechan.  ___________ 4
EXSC 428 Exer Prescript/Chronic Dis  ___________ 3
EXSC 431 Wellness Program/Administrat.  ___________ 3

CHOOSE ONE OF THE FOLLOWING OPTIONS

**OPTION A: Scientific Foundations of Exercise**

PHYS 112N Intro Gen Physics II  ___________ 4(PHY 112, 202)*
EXSC 420 Research Methods Exer. Science  ___________ 3
EXSC 426 Exercise Physiology I  ___________ 3
EXSC 427 Exercise Physiology II  ___________ 3
ELECTIVES:  (10)

**OPTION B: Preventive/Rehabilitation**

EXSC 368 Internship  ___________ 12
EXSC 409 Physiology of Exercise  ___________ 3
Electives  ___________ 8

All EXSC courses will be used to calculate the major grade point average which must be 2.0 to graduate.

UPPER DIVISION GENERAL EDUCATION

Option A. Approved Disciplinary Minor (a minimum of 12 hours determined by the department), or second degree or second major

Option B. Interdisciplinary Minor (specifically12 hours, 3 of which may be in the major)

Option C. International Business and Regional Courses or an approved Certification Program such as teaching licensure

Option D. Two Upper-Division Courses from outside the College of Education and not required by the major (6 hours)

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, 120 credit hours, passage of the Exit Examination of Writing Proficiency, and completion of Senior Assessment.