Entrance Writing Sample Placement Test: ______________

### LOWER DIVISION GENERAL EDUCATION

#### A. Skills

**Written Communication**
- ENGL 110C: __3__
- ENGL 211C, 221C, or 231C: __3__

**Oral Communication**
- COMM 101R, 103R, or 112R: __3__

**Mathematics**
- MATH 102M or 162M: __3__

**Language and Culture**
- __0-6__

#### B. Ways of Knowing

**Human Creativity**

**Interpreting the Past**
- HIST 100H, 101H, 102H, 103H, 104H, or 105H: __3__

**Literature**
- ENGL 112L, 114L, or FLET 100L: __3__

**Philosophy & Ethics**
- PHIL 110P, 120P, 140P, 230E, 250E, 303E, 344E, 345E, 441E, or 442E: __3__

**The Nature of Science**
- BIO 115N: __4__
- BIO 116N: __4__
- PHYS 111N: __4__

**Human Behavior**
- PSYC 201S required: __3__

**Impact of Technology**
- (satisfied with EXSC 417W in major)

### Exercise Science Requirements

- BIOL 250 Anatomy and Physiology I: __4__
- BIOL 251 Anatomy and Physiology II: __4__
- CHEM 121N/122N Found of Chemistry I: __4__
- CHEM 123N/124N Found of Chemistry II: __4__
- EXSC 225 Intro to Exercise Science: __3__
- EXSC 250 Strength & Condition Leadership: __3__
- EXSC 322 Anatomical Kinesiology: __4__
- EXSC 340 Prevention/Care Injuries: __3__
- EXSC 408 Nutrition Fitness and Sport: __3__
- EXSC 415 Exercise Test/Nml/Spc Pop: __4__
- EXSC 417W Adv Kinesiology/Biomechan.: __4__
- EXSC 428 Exer Prescript/Chronic Dis: __3__
- EXSC 431 Wellness Program/Administrat.: __3__

#### CHOOSE ONE OF THE FOLLOWING OPTIONS

**OPTION A: Scientific Foundations of Exercise**

- PHYS 112N Intro Gen Physics II: __4__
- EXSC 420 Research Methods Exer. Science: __3__
- EXSC 426 Exercise Physiology I: __3__
- EXSC 427 Exercise Physiology II: __3__

**ELECTIVES:** (10)

- __3__
- __3__
- __3__
- __3__

**OPTION B: Preventive/Rehabilitation**

- EXSC 368 Internship: __12__
- EXSC 409 Physiology of Exercise: __3__

**Electives:** __8__

All EXSC courses will be used to calculate the major grade point average which must be 2.0 to graduate.

### UPPER DIVISION GENERAL EDUCATION

Option A. Approved Disciplinary Minor (a minimum of 12 hours determined by the department), or second degree or second major.

Option B. Interdisciplinary Minor (specifically 12 hours, 3 of which may be in the major).

Option C. International Business and Regional Courses or an approved Certification Program such as teaching licensure.

Option D. Two Upper-Division Courses from outside the College of Education and not required by the major (6 hours)

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, 120 credit hours, passage of the Exit Examination of Writing Proficiency, and completion of Senior Assessment.