Exercise Science Requirements
BIOL 250 Anatomy and Physiology I _______4__________
BIOL 251 Anatomy and Physiology II _______4__________
CHEM 121N/122N Found of Chemistry I _______4__________
CHEM 123N/124N Found of Chemistry II _______4__________
EXSC 225 Intro to Exercise Science _______3__________
EXSC 250 Strength & Condition Leadership _______3__________
EXSC 322 Anatomical Kinesiology _______4__________
EXSC 340 Prevention/Care Injuries _______3__________
EXSC 408 Nutrition Fitness and Sport _______3__________
EXSC 415 Exercise Test/Nml/Spc Pop _______4__________
EXSC 417W Adv Kinesiology/Biomechan. _______4__________
EXSC 428 Exer Prescript/Chronic Dis _______3__________
EXSC 431 Wellness Program/Administrat. _______3__________

Exercise Science Requirements

CHOOSE ONE OF THE FOLLOWING OPTIONS

OPTION A: Scientific Foundations of Exercise option:
PHYS 112N Intro Gen Physics II _______4__________
EXSC 420 Research Methods Exer. Science _______3__________
EXSC 426 Exercise Physiology I _______3__________
EXSC 427 Exercise Physiology II _______3__________
ELECTIVES: (10)

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OPTION B: Preventive/Rehabilitation option:
EXSC 368 Internship _______12___________
EXSC 409 Physiology of Exercise _______3__________
Electives _______8__________

All EXSC courses will be used to calculate the major grade point average which must be 2.0 to graduate.

UPPER DIVISION GENERAL EDUCATION

Option A. Approved Disciplinary Minor (a minimum of 12 hours determined by the department), or second degree or second major

Option B. Interdisciplinary Minor (specifically 12 hours, 3 of which may be in the major)

Option C. International Business and Regional Courses or an approved Certification Program such as teaching licensure

Option D. Two Upper-Division Courses from outside the College of Education and not required by the major (6 hours)

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, 120 credit hours, passage of the Exit Examination of Writing Proficiency, and completion of Senior Assessment.