To help you find an appropriate career and research it, please use the following resources.

1. **Center for Major Exploration (CME):** 1500 Webb Center  
   [http://www.odu.edu/success/academic/majorexploration](http://www.odu.edu/success/academic/majorexploration) provides major exploration advising for undecided students. You can take career assessments such as the Self Directed Search (SDS) and discuss career and major selection plans with an Advisor.

2. **Career Management Center (CMC):** 2202 Webb Center (757-683-4388)  
   [http://www.odu.edu/ao/cmc/](http://www.odu.edu/ao/cmc/) provides assistance with career planning, finding internships and job search.
   - Self – Assessment tools such as focus, career and educational planning solutions.
   - See Career Resources link to access “Focus” and “What Can I do with a Major In ……?”
   - Other resources such as: Career Tools, link, Cyber Library, Cyber Coaches, Job Fairs, Career Advice and a Slice, Orientation and Seminars.
   - See Career TV on CMC website [http://www.odu.edu/ao/cmc](http://www.odu.edu/ao/cmc)
   - Mentor Program & Networking [http://www.odu.edu/ao/cmc](http://www.odu.edu/ao/cmc)

3. **UNIV 120 (Career Exploration, 1 credit)** – the class is designed to assist exploratory students in deciding on a major or career. The class will help students match their interest, skills and values with a major/career.

4. **UNIV 200 (Career Implementation, 1 credit)** – students will learn resume and cover letter writing, and job search strategies. Designed to prepare students for internships, cooperative education experiences and the job market.

5. **Counseling Services** [http://www.odu.edu/counselingservices](http://www.odu.edu/counselingservices) Provide career counseling sessions and utilizes career Assessments, such as the Self-Directed Search, Strong-Campbell and Myers-Briggs. Located at 1526 Webb Center (757-683-4401)


7. **Research Majors and their link to occupations “What Can I do with a Major in ……”**  
   [http://career.berkeley.edu/Major/Major.stm](http://career.berkeley.edu/Major/Major.stm)
   See curriculums for all majors offered at ODU.

9. Use the Degree Works Program to research how your courses will fit into various majors and minors. Access through your ODU Portal.

10. Chief Departmental Advisors (CDA’s) can give you information regarding the major(s). https://www.odu.edu/success/academic/advising

11. Students who are in the major(s) which you are interested. They can provide you with their perspectives on the major. (Informational Interview).

12. Internships, volunteer, part time and summer work can help you discover your interest in a career.


16. Majors Fair – Offered during the Spring Semester. Find out about all the majors and minors at ODU.

17. Career Search Students can look up jobs and median salaries for different geographic areas at: http://www.collegegrad.com/

18. Check Classifieds ad in the newspapers and check/Company/Agencies Human Resources Websites which can help you do a job search. Pretend you have your degree and look for a job in your occupation of interest to see what is out there.

19. FOCUS. Career Planning Program on the Career Management Center website Http://www.odu.edu/ao/cmc