1. Make an appointment with a Center for Major Exploration (CME) advisor who will guide you in identifying your skills, interests, and values. The advisor will assist you in choosing a major that is compatible with your strengths. Attend a Decision Making Workshop (DMW); Call the CME office at 683-4805, or stop by at your convenience to get the current DMW schedule.

2. Ask your advisor about taking an interests inventory such as FOCUS or the Self-Directed Search (SDS) and review with your advisor. These inventories will highlight careers/majors that are compatible with your interest, skill, and values. See FOCUS on the Career Management website, www.odu.edu/success/careers/tools.html.

3. Take General Education Classes (gen eds) that may help you decide on a major. For example: If you’re interested in Criminal Justice, take Criminal Justice 215S which can count as your Human Behavior gen ed. If you’re interested in Engineering, Science, Business, or a Health Science major, take the appropriate Math/Science courses for the major you are considering. For course requirements, see the catalog: http://catalog.odu.edu/ or for curriculum sheets: http://www.odu.edu/academics/programs/curriculum-sheets.

4. Take advantage of the free tutoring offered by the university to build up skills you will need in various majors. See the Tutoring Central Website: http://ww2.uc.odu.edu/taa/

5. Attend the Annual College “Major Fair” in the spring. During the fair you will have the opportunity to find out about all the majors offered at the ODU.

6. Talk with someone in the field you are interested in. You can speak with Chief Departmental Advisors or Advising Coordinators of the major in which you are interested. You can see listings of advisors here: http://www.odu.edu/success/academic/advising

7. Consider taking University 120, a 1 credit Career Exploration class that helps students decide on a major. This class will help you to explore your interests, skills, values, and familiarize you with career resources that will assist you in choosing a major. Career testing and individual conferences are included.

8. See “What Can I Do with a Major I’m In?” from the Career Management Center’s Website. See FOCUS: http://whatcanidowiththismajor.com/major/ and Research Careers online.

   a. AND see the Occupational Outlook website http://www.bls.gov/oco/

9. Research majors: Use Degree Works to research how courses will fit into various majors. Access through your Leo Online account or degreeworks@odu.edu

   --View the Major Exploration Videos here: http://www.odu.edu/success/programs/finishin4

10. It sounds simple but... “Go to Class.” Missing class is expensive. In-state students pay $299.00 per credit= $897.00 for a class. Each class you miss is like throwing $28.09 in the trash can. Out-of-State students pay $78.56 for each missed class. Being in class pays dividends in the form of a good GPA (grade point average); plus, the class will help you discover your strengths and interest.