

# Women's Center

Eli Kimaro - A lot Like You



Volunteers!!!!

Beyond Beats & Rhymes Panel Discussion



Go Natural Day



40 Years of IX

The Women's Center hosted and co-sponsored 78 programs in the Fall 2012 semester and 62 in Spring 2013. We educated a total of 6,762 students!

# Women's Center & YWCA



The Women's Center gives back to our community partner, Response of the YWCA. This year *The Vagina Monologues*, *Walk a Mile in Her Shoes*, and *LUNAFEST* raised \$4,677.59. We also donated \$500 and volunteer time to redecorate a crisis shelter room.

# M-Power Peer Education Network Women's Center



M-Power Peer Educators help to create a safe and respectful campus community at ODU! Students were spotted this year educating at the ODU Homecoming Parade and at various fraternity and sorority programs. They did 21 presentations educating 375 students!

# Women's Center & Outdoor Adventure Program



This is the 2<sup>nd</sup> year for our innovative partnership with OAP offering Women's Adventure Trips. Twenty women enjoyed kayaking and surfing this year, as they challenged themselves in a safe and supportive environment. Students reported an empowering and community-building experience.



# Women's Center Student Profiles

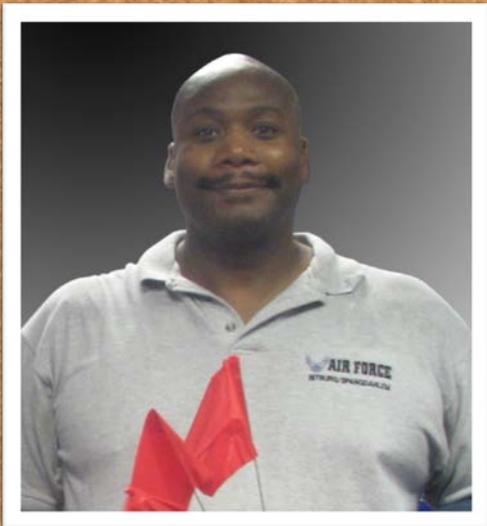
## Lauren Mattos



Lauren began volunteering at the Women's Center for her Human Services class in the Fall of 2011. After assisting with our events and information tables around campus, she not only decided to continue volunteering with us, but Lauren also applied to become an M-Power Peer Educator. She quickly became one of our best and most reliable volunteers, and her enthusiasm helped to educate students about healthy relationships. She is now working towards her Master's Degree in Higher Education and hopes to one day work in a Women's Center. Upon graduation she said:

*Because of you, I am pursuing my dreams and will be studying Higher Education. Thank you for opening my eyes to many new experiences.*

## Veness Hall



Veness Hall began working towards his Master's Degree in Counseling at ODU after completing his service with the Marine Corps as a Master Sergeant. After arriving on campus and learning about our work, he rose to the challenge of becoming the Women's Center's first male M-Power Peer Educator. Because of Veness' trailblazing work educating men on issues of healthy masculinity and the role all men play in ending sexual and relationship violence, we have had four other men join M-Power. Veness describes the impact of the Women's Center on his life as follows:

*I was very concerned when I retired from the military, reeling from fighting two wars simultaneously for nearly a decade, about reaching my self-actualization in life; however, you were instrumental in helping me ...to be a healthier male so I can inspire other males to be healthier. I find myself telling people a lot that I received OUTSTANDING training, guidance, and mentoring from the Women's Center.*