

Department of Counseling & Human Services

Reflections

Welcome New Faculty, Dr. Jill Krahwinkel

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Newsletter Staff and Contributors:

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Dr. Danica Hays

Student Editors:
Miranda M.J. Parries, Ph.D. Candidate
Madeline Clark-Kesler, PhD Student

By: Jill M. Krahwinkel, Ph.D., LPC, LCAS-A, CT/RTC, JSOCC

Dr. Jill M. Krahwinkel joins the Department of Counseling and Human Services as the Senior Lecturer of Graduate Clinical Coordination. Dr. Krahwinkel received her Ph.D. from North Carolina State University in Counseling & Counselor Education in 2013 and received her Master's in Education with an emphasis in Mental Health Counseling from Western Kentucky University in 2006. She also holds certifications as Reality Therapy Counselor and as a Juvenile Sex Offender Counselor. Dr. Krahwinkel has been counseling since 2006 and has a variety of experience working with adults, adolescents, children, and families on needs related to substance abuse, trauma, bereavement, adjustment, relationships, self-esteem, wellness management, depression, anxiety, and more. She has diverse work experience, including work in residential facilities for children, foster care, court ordered treatment, nonprofit agencies, teaching, and training.

Dr. Krahwinkel's area of research focus is on counselors' cultural competence when working with diverse clients, specifically the LGBTQIQA communities. Her dissertation explored the concept of cultural exposure and how it can improve counselors' competence when working with clients. Other re-



search projects focus on students' self-efficacy in becoming scholarly writers.

Her work entitled, "*Of What Value is a Scholarly Writing Course for Doctoral Students?*" was published in the Spring 2014 edition of ACA's VISTAS. In her spare time, Jill enjoys traveling, crafting, playing billiards, and spending time with her family, friends, and dog, Sammy!

Are You More Attune than a 5th Grader? A Fifth Grader Holds a Fundraiser for Students at P. B. Young Sr. Elementary School

By: Joy Maweu Mwendwa

There are needs around us. Sometimes we do something about it or sometimes we wait for the *other* person to get involved. Noah Milliken, a fifth grader at Three Oaks Elementary School, didn't wait for the other person when he saw the need of personal and basic school supplies for P.B. Young Sr. Elementary School students.

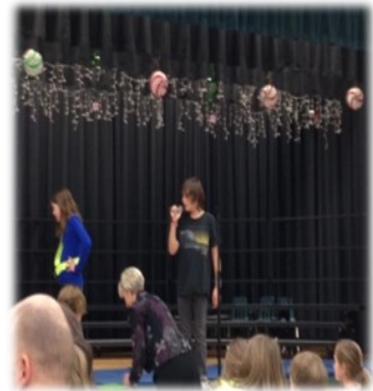
The catalyst that got Noah thinking about helping other children was a fundraising event held at his school for new gym equipment. That fundraising event had tangible results that Noah thought of translating to meet the need for basic supplies at P. B. Young Sr. Elementary, a school in the Norfolk Public School system. Noah had heard about this need from his mother, Dr. Tammi Milliken, the Human Services Program Director here at Old Dominion University. Soon after that event, Noah approached his principal, Ms. Lisa Hannah, about helping meet the needs of other under-

privileged students. Their conversation led to the planning of a fundraiser for P. B. Young Sr. Elementary School. Noah enlisted two of his friends to host an 'open mic night' where the entry cost would include donation items such as coats, hygiene supplies, and new toys. The evening was planned and the administration extended invitations to parents by sending flyers home with students, listing the event in the weekly school announcements and the weekly newsletter which reaches a broader audience and raises awareness of different matters to the community.

The fundraising event was successful with a crowd of students, parents and community members attending. As advertised, donations were received as 'fee' for entry to the fundraiser. The night was full of energy and different students presented their talents and performed the recitals that they had practiced for the event. Snacks were served during the brief intermission.

Proud mother Dr. Milliken was delighted to accompany Noah to meet P. B. Young's principal, teachers and students, and to present the donations.

The response of heartfelt gratitude to Noah was seen in the smiles and hugs that took place as the boxes were received and opened. Young and old have been touched that Noah, a 5th grader was attune to a need and did something about it!



Noah Milliken with P. B Young Sr. Elementary Sr. School Staff and Noah's mother, Dr. Tammi Milliken

Student Accomplishments

Publications

Heimsch, K. A., & Polychronopoulos, G. B. (2014). Diagnosis in the assessment process. In E. Neukrug and R. C. Fawcett, *Essentials of testing and assessment: A practical guide for counselors, social workers, and psychologists* (3rd ed.). Belmont, CA: Cengage.

Neukrug, E., & **Polychronopoulos, G. B.** (2014). Case study: Poor supervising or impaired student? In B. Herlihy and G. Corey, *ACA Ethical Standards Casebook* (7th ed.). Alexandria, VA: American Counseling Association.

Presentations

Carlisle, R.M. & Snow, K.C. (2014, March). *Decoded, encrypted, unethical, or unsafe? Ethical/legal implications in counseling supervision from a distance.* (Poster). Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Virginia Beach, VA.

Clark-Kesler, M. (2014, March). *Career experiences of women in poverty.* Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Virginia Beach, VA.

Crowell, H., **Ford, D., & Oh, D.** (2014, February). *Emotional impact of HIV/AIDS infection: Effective strategies for counselors, educators, and supervisors.* Cross-Cultural Issues in Counseling and Education, Savannah, GA.

Greer, C., & **Polychronopoulos, G.** (2014, March). *The world of women: Transitions, transitions, transitions!* Education session presented at the annual meeting of the American Counseling Association, Honolulu, HI.

Lester, E. (2014, March). *Important implications for school counselors: Identifying and helping students with mood disorders.* Presented at Virginia School Counselor Association, Richmond, VA.

Lester, S. V., Durham, J. C., & Andrews, B. V. (2013, October). *Unity in counseling: Challenges of counseling in Bhutan where Eastern customs meet Western practice.* Presented at Association for Counselor Education and Supervision Conference, Denver, CO.

Mwendwa, M.J. (2014, March) *Indigenous research methodology applied to a pilot research study on the perceptions of family role changes in older immigrant males.* Virginia Association for Counselor Education and Supervision. Poster session presented at the Graduate Counseling Student Conference, Regent University, Virginia Beach, Virginia.

Mwendwa, M. J. (2014, March) *Africa's influential women and their impact to the girl learner.* Virginia Association for Counselor Education and Supervision. Session presented at the Graduate Counseling Student Conference, Regent University, Virginia Beach, Virginia.

Mwendwa, M. J. (2014, March). *An evaluation of school counseling supervision.* Virginia School Counseling Association, Richmond, Virginia. (Poster Session).

Pau, K., & Tang, H. (2014, March). *East versus west clinical supervision training: Tips to work with foreign land born counselors.* Paper presented at Old Dominion University, Norfolk, Virginia.

Pau, K., & Tang, H. (2014, March). *East versus west clinical supervision training: Tips to work with foreign land born counselors.* Paper presented at the Virginia Counselors Association Convention Conference, Virginia Beach, Virginia.

Polychronopoulos, G. B. (2014, March). *What you need to know about the DSM-5: Structure, significant changes, and clinical implications.* Education session presented at the annual meeting of the American Counseling Association, Honolulu, HI.

Snow, K.C., & Carlisle, R.M. (March 2014). *The Importance of advocacy and the advocacy competencies in professional counseling.* Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Virginia Beach, VA.

Tang, H., & Pau, K. (2014, March). *International student self-advocacy: Challenges and solutions for managing language and cultural differences.* Paper presented at Old Dominion University, Norfolk, Virginia.

Tang, H., & Snow, K. (2014, March). *Benefits and challenges of developing a counselor education research (CERT) team.* Paper presented at the Virginia Counselors Association Convention Conference, Virginia Beach, Virginia.

*This only represents a selection of student accomplishments.

Dr. Radha Horton-Parker Awarded the AADA President's Mentor Award

By: Miranda M.J. Parries

Congratulations to **Dr. Radha Horton-Parker**, the recipient of this year's Association for Adult Development and Aging (AADA) President's Mentor Award.

This award was presented to Dr. Horton-Parker at this year's America Counseling Association (ACA) conference in Honolulu, Hawaii. Dr. Horton-Parker who received the award in absentia was humbled to be this year's AADA President's Mentor Award recipient.

In addition to Dr. Horton-Parker being recognized at the 2014 ACA conference, she also received a commemorative plaque and a letter of recognition from the Association for Adult Development and Aging.

Dr. Horton-Parker previously served as the 2012-2013 President for AADA and remains an active member of the asso-

ciation. She has a member of the Department of Counseling and Human Services since 1992.

Some of her areas of specialty include lifespan development, spirituality in counseling, adult issues and transitions, and counseling theories and techniques. She has published over 30 articles and co-authored two-books including *The Unfolding Life: Counseling Across the Lifespan* (with N. Brown) and *Spirituality in Counseling and Psychotherapy: The FACE-SPIRIT Model* (with R. C. Fawcett).

The AADA President's Mentor Award was established in 1990 by then AADA President, Richard Johnson to honor an inspirational teacher who has significant ties to the field of adult development and aging.

AADA is an ACA division whose focus is to advance

the knowledge and skills required in serving adults across the lifespan. Members of AADA are comprised of counselors, community service workers, legislators, family members, and individuals interested in the needs and development of adults.



Dr. Nina Brown Appointed to APA Commission on Accreditation

By: Joy Maweu Mwendwa

Dr. Nina Brown has been appointed for a three-year term on the American Psychological Association (APA) Commission on Accreditation (CoA). The CoA is the body responsible for the accreditation of education and training programs in professional psychology. The accreditation process involves evaluating doctoral, internship and postdoctoral residency programs in professional psychology through the published criteria and procedures with the intent of promoting consistent quality and excellence of the programs.

Dr. Brown was nominated by the Council of Specialties (CoS) to this commission. The Council of Specialties is a non-profit joint mission, sponsored initially by the American Psychological Association (APA) and the American Board of Professional Psychology (ABPP), to represent and support the development and functioning of recognized specialties in Professional Psychology. Dr. Brown is one of the 32 members from different academic institutions and programs appointed to serve in this commission.

Dr. Nina Brown who joined ODU in 1968 is a professor and eminent scholar in the Department of Counseling and Human Services. She has published 21 books and over 50 articles in peer reviewed journals. Dr. Brown continues active service in the Association for Specialists in Group Work (ACA), The Society of Group Psychology and Group Psychotherapy (APA Division 49), and the American Group Psychotherapy Association.



Student Announcements

Compiled by Miranda J. Parries, Doctoral Candidate

REMINDER to check your ODU e-mail regularly for program opportunities and announcements.

Doctoral Written and Oral Candidacy:

Heather Dahl
Brett Gleason
Andrea Kirk
Kevin Snow

Proposal Defenses:

Crystal Hatton
Tracy L. Jackson
Joy Maweu Mwendwa
Kevin Snow
Dan St. John
Hsin-Ya Tang

Dissertation Defenses:

Matthew Bonner
David J. Ford, Jr.
Aaron Shames
Katrina Steele

Good Luck to Upcoming Dissertation Defenses!

CONGRATULATIONS TO

Matthew Bonner has accepted the position of Assistant Professor of Counseling at Lenoir-Rhyne University.

Robert Carlisle, Andrea Kirk and Kevin Snow were awarded the Darden Dissertation Fellowship for 2014-2015.

David J. Ford, Jr. has accepted an Assistant Professor position at James Madison University. He will also serve as an online Practicum Instructor in the Counseling Department at Wake Forest University.

Kyle Francis was elected Speaker for the Student Government Association (SGA).

Susan V. Lester has accepted the position of Assistant Professor, Department of Counseling and Family Therapy, University of Saint Joseph, West Hartford, CT

Gina Polychronopoulos, President, Chi Sigma Iota (Omega Delta Chapter), 2014-2015

Dan St. John has accepted a position as Assistant Director of Academic Development at Eastern Virginia Medical School. He will begin work in July 2014.

Hsin-Ya Tang has accepted an Assistant Professor position at Louisiana State University-Shreveport.



Matthew Bonner



David J. Ford, Jr.

“Education is not the filling of a pail, but the lighting of a fire.”
-Benjamin Franklin



Aaron Shames

Faculty Accolades

Regional and National Presentations

Goodman-Scott, E., Bell, L., Ausbrooks, M., Vogt, J., & Evans, M. (2014, March). *Getting started with data driven school counseling programs*. Virginia School Counselor Association 2014 Annual Conference, Richmond, VA.

Goodman-Scott, E., & Trigiani, J. (2014, March). *Concrete behavior strategies you can use tomorrow*. Virginia School Counselor Association 2014 Annual Conference, Richmond, VA.

Lambert, S. L., & **Goodman-Scott, E.** (2014, March). *ACAC presents, sensory processing disorder: Identifying and serving clients and their families*. American Counseling Association Annual Conference, Honolulu, HI.

Books and Book Chapters

Neukrug, E. S., & Fawcett, R. C. (2015). *Essentials of testing and assessment: A practical guide for counselors, social workers, and psychologists* (3rd ed). Belmont, CA: Brooks/Cole.

Journal Articles

Bayne, H., **Neukrug, E., Hays, D.G.,** & Britton, B. (2013). A comprehensive model for optimizing empathy in person-centered care. *Patient Education and Counseling*. doi:10.1016/j.pec.2013.05.016.

Lambert, S. F. & **Goodman-Scott, E.** (2014). Collaborating with the peace corps to maximize

group counseling student learning. *The Professional Counselor*, 3, 131-140 .

Neukrug, E., Peterson, C., **Bonner, M.,** & Lomas, G. (2013). A national survey of assessment instruments taught by counselor educators. *Counselor Education and Supervision*, 52, 207-221

Neukrug, E., Britton, B., & Crews, C. (2013). Common health-related concerns of men and their implications for counselors. *Journal of Counseling and Development*, 91, 390-397.

Peterson, C., Lomas, G., **Neukrug, E.,** & **Bonner, M.** (2014). Assessment use by counselors in the United States: Implications for policy and practice. *Journal of Counseling and Development*. 92, 90-98.

New Service Positions

Jill Dustin joined the Executive Board, Board of Directors and became the Secretary of the National Organization for Human Services (NOHS); December 2013– Present.

Jill Dustin is now an Associate Editor for the *Journal of Human Services*, National Organization for Human Services (NOHS)

Emily Goodman-Scott was elected Counselor Education Vice President of the Virginia School Counselor Association.

Alan M. Schwitzer, PhD., was appointed to the Board of Consulting Editors of the *Journal of*

American College Health. *JACH* is the journal of the American College Health Association, and is among the top 10 journals in higher education and top 40 health journals worldwide.

Recognitions

Danica G. Hays, PhD, was named the outstanding doctoral mentoring award recipient for 2013-2014 at ODU.

Kathleen Levingston, PhD. was named Advisor of the Year at the Division of Student Engagement and Enrollment Services .

Alan M. Schwitzer, PhD., received an American College Personnel Association (ACPA) Certificate of Recognition for Outstanding Service Contributions in March 2014.



Dr. Jill Dustin, Secretary for the National Organization for

HMSV STUDENT'S MISSION TO BRING BACK NEWPORT NEWS LITTLE LEAGUE



Above & below: Youth Basketball Association teams listening to their coaches during a basketball tournament in Newport News, VA.

By: Joy Maweu Mwendwa

The Doris Miller Basketball Little League has remained an important part of the community in Newport News, VA for many years. When the league was disbanded because of funding cuts in 2010, the community was effected.

For Lawrence Turner, a senior completing the Nonprofit Fundraising in Human Services course at the time, news of the league's closing brought fond recollections of childhood memories, and he decided he would do something about this by applying the knowledge he was learning from his class to the reopening of the league.

Turner approached his professor, Mark Roth, about the idea of reopening the league and sought approval to have this endeavor as his class project. The Nonprofit Fundraising in Human Services class objectives called for students to design and implement a fundraiser for a student organization or a local nonprofit agency. The fundraiser had to occur within the semester that students were registered for the course.

The league closing had certainly hit home with Turner; he explained, "I felt that something [could] be done because without this league, many children in the East End area of the city of Newport News had no outlet, a way to stay out of the streets and learn positive things.

This league, to me and to many of the children that grew up and played in it, was our way of staying out of trouble in an environment where violence and drugs play a major role in our everyday lives. To many, the basketball court was an opportunity to forget about the things going on outside and just focus and enjoy playing basketball, a sport that encourages us to continue and never give up, to work together; it teaches us that winning mentality."

Early in the course, Prof. Roth observed an eager and ambitious spirit in Turner. "Lawrence bought into the course goals and objectives from day one. He asked a million and one questions, but it was a pleasure helping someone that had a true passion for helping others directly from the community in which he had grown up," stated Prof. Roth. With his topic approved, Turner along with Angela Harris, a family and community advocate, approached community leadership and representatives about rebuilding the Doris Miller Basketball Little League.

Their initial efforts were not readily welcomed and it took over three months of persistence to have a breakthrough.—in the form of support by Mr. Huego Morris, the director of the community center. Turner's efforts to revitalize the league would go beyond his graduation in the summer of 2013. That fall semester, he joined Longwood University.

Turner continued to work with Ms. Harris and Mr. Morris. The next step included reaching out to coaches and staff who would serve on the league, with positive results. The final piece of the project involved the signing up of children to be part the league.

During the registration period in November 2013, Turner and Harris encountered an obstacle related to the city's rules and regulations on public leagues. This led to the privatization of the league which was renamed as the Youth Basketball Association (Y.B.A.) and would continue to serve children in the community at no cost. With this hurdle past them, the league registered over one hundred children, with ages ranging from 6-12 years old.

In January 2014, the ten team league tipped off with tremendous community support. "I knew that all the hard work and dedication to seeing this league become a reality was all worth it, as I saw all the parent support and all the smiling faces on every child that was a part of Y.B.A." Turner identified this course as one of the most significant in his program since it taught him advocacy for those without a voice.



Human Services Honor Society Induction Ceremony

By: Miranda M.J. Parries

On November 21, 2013, the Beta Gamma chapter of Tau Upsilon Alpha, a national honor society for students, alumni, and faculty in the field of human services, welcomed new members and said goodbye to graduates. As part of their induction, new members pledged to “pursue academic excellence, to maintain high

moral and ethical character and to provide excellence in service to humanity .”

Inductees

Melissa Sanchez
Gelila Mengesha
Nathan Bowman
Hiawatha Clemons III
Chalsy Douglas
Charlotte Campbell
Robin Hudgins
Aaron Clements

Autumn
Laird

Raychel
Smithson
Raluca Irion

The ODU chapter was formed in 2011 and is currently being advised by Dr. Kathleen Levingston.



Inductees reading the membership pledge.

Counseling Student Robert Dice Wins Kaufman Award

By Miranda M.J. Parries

Robert Dice, a disabled veteran and Human Services graduate and current counseling graduate student, received the Kaufman Prize, the highest honor given to a graduating Old Dominion University student, during the annual Student Honors and Awards Dinner on Thursday, May 9.

Dice graduated from Old Dominion University with a 4.0 grade point average, but before attending ODU, had a 25 year service career as a firefighter, paramedic and United States Navy Seal. Following his departure from the Navy, Dice worked for the U.S. State Department, providing presidential protection to President Hamid Karzai of Afghanistan.

While at Old Dominion, Dice has continued his service, serving as president of the Tau Upsilon Alpha Human Services Honor Society, volunteering at Seton Youth Shelters in Virginia Beach and serving

as vice-chair of the Serenity on the Shore Committee. He also mentors 15 men struggling with substance abuse, who are obtaining treatment in Virginia Beach and Williamsburg. These experiences have solidified Dice's clinical and research interests in post-traumatic stress disorder, substance abuse and the Lesbian, Gay, Bisexual and Transgendered population.

Dice cited Tammi Milliken, associate professor of counseling and human services, as his most inspirational faculty member. "I admired Dr. Milliken's enthusiasm and ability to challenge her students. Her relentless work ethic and focus has constantly inspired me to do my best," Dice said.

As winner of the Kaufman Prize, Dice receives a \$10,000 cash award. First runner-up for the award, Ashley Baldwin, a political science graduate, also received a cash prize. Other Kauf-

man Award finalists included Daniel Hendrix, Christina Kanu, Yvonne Kienast and Lauren Shifrin.



Left: Robert Dice with Dr. Narketta Sparkman

Below: Robert with President Broderick





CSI Omega Delta Chapter Update



Dr. Wood and Brianna Clark at CSI Initiation Ceremony

By: Hsin-Ya Tang

Dear Counseling & Human Services Community,

As the President of the Omega Delta Chapter of CSI, I would like to take some time to tell you more about our chapter. We have initiated 33 counseling students this semester. New inductees who joined our phenomenal chapter were honored at Initiation Ceremony held on February 28. We applaud their commitment to both personal and professional excellence. Welcome and enjoy this recognition!

In addition, I would like to keep everyone informed of CSI newly elected 2014-2015 board. Please see the list below for the "Who's Who" of CSI 2014-2015!

President: Gina Polychronopoulos

President-elect: Madeline Clark-Kesler

Treasurer: Zach Scully

Secretary: Jamie Bower

Membership/historian: Kelley Olds

Events: Cory Gerwe

Professional Development: Sonja Lund and Hope Comer

Community Engagement: Marcela Osorio

Awards: Chuck Carrington

Fundraising: Brittney Cambridge and Megan Malacaria

University Liaison: Amanda Brookshear

They have been elected to serve as the 2014-2015 Omega Delta board. They were inducted into their roles at the CSI Open Board Business Meeting on April 9. A big thank you to everyone who is willing to take on a leadership position and give back to the profession and larger community through service!

Finally, I would like to express my sincere appreciation to the 2013-2014 Omega Delta board. There is really no way to tell you how truly grateful I am for the privilege of serving as

the 2013-2014 President. I am impressed with the dedication to Chapter that all committee chairs and officers brought to our events and activities. I cannot dream of a more diverse and vibrant team. Chapter would not have been successful without their keen commitment to service. Many thanks to them for making my leadership experience so memorable.

As always, please check out of website at http://www.csi-net.org/group/omega_delta or our Facebook page for the most up to date information. Also, if you have any feedback about CSI, please contact me directly at htang001@odu.edu.



Dr. Wood and Woody Tucker at CSI Initiation Ceremony

CSI Grant Success

On December 22, 2013, the ODU chapter of CSI was notified that its Chi Sigma Iota Excellence in Counseling Research Grant proposal by doctoral candidate Katherine Heimsch has been selected for funding by Chi Sigma Iota (CSI).

Their proposal “A Grounded Theory of Suicidality in Children 10 Years and Younger” was accepted based on its clear and comprehensive synopsis. The Committee recommended funding of \$250;. Once the data has been collected analyzed and interpreted the results which will be published at csi-net.org.



Program Information and Upcoming Events

December Graduation

Application due to the Office of the Registrar by **June 30th, 2014**.

<http://www.odu.edu/content/dam/odu/offices/university-registrar1/docs/gradappl.pdf>

Admissions applications deadline for the **Fall 2015** is **November 1st, 2014** for the PhD program and **November 1st for Spring 2015 and March 1st for Summer 2015** master's program.

For information on supervision, practicum, and in-

ternship contact the **clinical coordinator** at clinicalcoord@odu.edu.

If you would like to contribute to the Fall Newsletter, please contact Editor **Madeline Clark-Kesler**—mclar051@odu.edu for more information.



Congratulations to our May 2014 COUN Counseling Grads!

Master's Students

Renee Guynn
Ashley Starkey
Brad Carmichael
Chelsea Ogden
Fred Fritz
Halley Maza

Holly Sweat
Jessica Kramer
Katherine Kinnamon
Margaret Fernan
Melissa Stuekerjuergen
Ryenne Robinson
T'Airra Belcher
Thomas Richardson

Doctoral Students

David Ford Jr.
Matthew Bonner
Aaron Shames

Congratulations to August 2014 COUN Graduates



Master's Students

Andrew Nelko
Antoine Nichols
Ebony Oliver
Erica Lester
Jasmine Reynolds
Karli Coverdale
Lenora Jennings
Lindsey Chase

Maica Mueller
Mare Matthews
Mary Durkin
Mary Kate Hopwood
Megan Graman
Nilsa Salgado
Tara Cervone

Doctoral Students

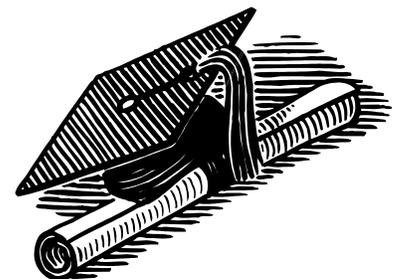
Crystal Hatton
Dan St. John
Hsin-Ya Tang
Jennifer Logan
Katherine Heimsch
Miranda M.J. Parries
Tracy Jackson

Congratulations to May 2014 HMSV Graduates

Aaron Clements
Akya Church
Alexandra Morrison
Alexis Jennings
Alisa Reed-Lofton
Allison Lawson
America Luna
Amy Orndoff
Anais Fritz
Andrea Houston-Wilson
Arviette Cason
Ashley Gregory
Ashley Creed
Betty Roberts
Brandon Hazelwood
Brittan Matney
Brittany Cotton
Carly Holton
Charity Pate
Charlotte Campbell
Colin Boyer
Curtis Hawkins
Damaris Seay
Daniel Barnhill
Darrell Lucas

Deveney Quinney
Diane Farrow
Elisabeth Kirchner
Emily O'Reilly
Erin Sonnessa
Gelila Mengeha
Gregory Arnold
Haley Flisk
Ilana Pinsky
Jaqueline Hatcher
Jasmine Bundick
Jasmine McKenzie
Jennifer Ansley
Jessica Kilmurray
Jove Elezovic
Julie Charnock
Karen Buttler
Katherine Barrow
Keith Moody Jr.
Kelly Johnson
Kimberly Bowers
Krysta Pearce
Krystal Davis
Krystal Carter
Latonay Hughes

Lauren Shifrin
Lily Slate
Loretta Vass
Luke Johnson
Marcia Trimiew
Matthew McIntyre
Michaela Filler
Nathan Coflin
Nathaniel Moody
Olivia West
Rebecca Holske
Sandra Gomez
Sara McClintock
Shanice Nordstrom
Shemelle Lopez
Syrta McKinney
Talaya Milton
Tasha Pickle
Tiffany Zalusky
Wendy Filler
Whitney Newman



Upcoming Conferences & Calls for Proposals

AADA Summer Conference, July 24-25, Arlington, VA.

AARC National Assessment and Research Conference, September 5-6, Moline, IL.

ACA Conference, October 1-4, San Antonio, TX.

ACA Conference & Expo, March 12-15 Orlando, FL.

ACES 2014. Call for awards. Nominations for the 12 awards must be received by June 15, 2104. See <http://www.acesonline.net/2014-aces-call-for-awards/> for details.

AHC 2014 National Conference. June 6-7, 2014. Albuquerque, NM

ALGBTIC Inaugural Conference, September 19-20, 2014, New Orleans, LA.

AMHCA Annual Conference, July 10-12, 2014, Seattle, WA.

ASCA Annual Conference, June 29-July 2, Orlando, FL;.

NAMRC 2014 Annual Conference. July 24-26, 2014. St. Louis, MO.

NCDA Conference, June 19-21, Long Beach, CA.

Congratulations to August 2014 HMSV Graduates

Afton McCue
 Angela McDowell
 Ashley Reetz
 Ashley Padilla
 Camilla Dova
 Catherine Litwiller
 Chantz Garrett
 Christina Crusen
 Crystal Harrell
 Dominique Muldrow
 Elizabeth O'Donnell
 Esther Hood
 Heather Fortune
 Isaiah Idemudia
 James Hightower
 Jessica Bebbber
 Jessica Gibson
 John Dodson
 Kaci Carter
 Kylee Parker
 Lalita Jackson

Lauren Curtis
 Lee Sweeney
 Linda Dufresne
 Mary Bloom
 Maya Williams
 Megan Rose
 Molly Davis
 Nadia Davis
 Nancy Lindquist
 Nathalia Esteves
 Priscilla Myers
 Rachael Cannon
 Rachel Keech
 Rachel Straw
 Reginald Evans
 Samantha Perry
 Sarah Mancinho
 Segen Teclu
 Shamelia Johnson
 Sherita Arrington
 Stephanie Linette

Tetyana Martin
 Tiara Davulco
 Tommie Bower
 Toni Nelson
 Veronica Reid
 Victoria Nannini



Reflections from ACA 2014

By Gina B. Polychronopolous

It is difficult to summarize what I have gained by attending the American Counseling Association's annual conference this year in just a few paragraphs! Between working as a volunteer at the conference, attending seminars, presenting two educational sessions, and networking for future career opportunities, I came home with so much more than I had when I left. Three points that I learned about by participating in the ACA conference were: 1) the importance of service to the profession, 2) developing my professional presentation experience, and 3) professional networking opportunities are everywhere!



Volunteering for the conference is a rewarding experience, aside from waiving the conference registration fee (which can be quite hefty!). This was my second time doing so, and I plan to do it again next year. As a volunteer, I had the opportunity to network with other graduate students from around the country who were also volunteering at the conference. I still keep in touch with many of them! Also, I feel that providing service to the profession is an important part of being a counselor and future counselor educator, and serving as a conference volunteer was a wonderful opportunity to do that. I highly recommend applying to become a graduate student volunteer for the ACA conference!

Another very important aspect of my participation at this year's conference was presenting two educational sessions. My first presentation was probably the most successful professional experience of my career! I was the sole presenter for this session, "What you need to know about the DSM-5: Structure, Significant Changes, and Clinical Implications." As a doc student, I was surprised and overwhelmed to see over 100 people show up to my session at 7:00am on the very first day of the conference! I suppose the popularity of this topic helped, but I was overwhelmed with the support and gratitude that people offered me in person and via email afterwards. Personally, I feel like my research career was kicked into overdrive after that presentation, as though it solidified my place in the niche of diagnosis in counseling.

For my second presentation, I co-presented with a faculty member from a university in Texas whom I met throughout previous leadership in the Association of Adult Development and Aging (AADA), one of ACA's divisions. We discussed the unique aspects of development for females throughout the lifespan and how that relates to counseling female clients during specific transitions. The session was well-attended, and we facilitated very interesting discussions with participants throughout the presentation.

Finally, the professional networking opportunities that came from attending this conference were priceless. After my presentation on *DSM-5*, several professors approached me about future collaboration, and I was asked to present at an international conference on the same topic. They were familiar with the textbook chapter that I co-authored, and we have kept in touch since the conference so that we can work on research projects together. I think that was probably the most valuable aspect of attending the ACA conference this year! Building relationships for my future career and current research endeavors, serving our professional organizations, and facilitating educational sessions is more than I could have asked from participating in this conference. What an experience!

Also, there is a rumor going around that somebody (who looks very much like me) performed as Barbara Streisand in the ACA Talent Show, but I don't know what they're talking about...

Counseling Students Continue to Shine at GRAD

By Missy Barber

Many of the brightest graduate student researchers at Old Dominion shared their work for the fourth annual Graduate Research Achievement Day (GRAD) on Thursday, March 27. A record 124 students participated in this year's GRAD event, which was created to honor and celebrate the excellent research of the university's graduate students.

During the morning session students will gave oral presentations in the River Rooms of Webb Center. From noon to 2 p.m., students shared their research via a poster session Webb Center's North Mall.

Brenda Neumon Lewis, associate vice president for graduate studies, offered, "We have brought together many of our best and brightest graduate students to share the research they are conducting in their master's and doctoral programs. This is an opportunity for them to share their research with the entire campus community, and to show the quality of graduate education here at ODU."

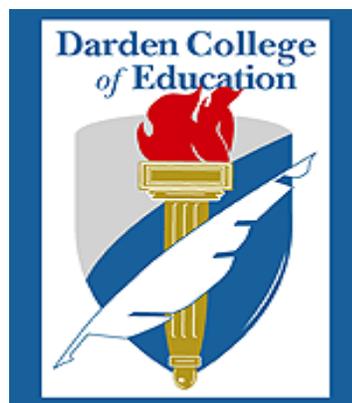
The students' oral presentations and posters, represent all six of ODU's academic colleges and will address a variety of issues: "Explaining Nuclear Policy Between the U.S., Germany and Japan"; "Optical Excision of Nobel Gases"; "A Study of Play and Communication Across the Lifespan"; "A Framework of College Students majoring in STEM and Non-STEM"; "Parenting Care of Children with Asthma"; and "The Human Eye and Glaucoma."

"The topics included in both segments of the day... offer an excellent view of the important multi- and inter-disciplinary scholarship conducted by graduate students at Old Dominion University and demonstrate the excellent quality of our graduate programs,"

Neumon Lewis said. For more information about Graduate Research Achievement Day, or to find out how to showcase your own research, contact Missy Barber at mbarber@odu.edu or 683-6406.



Eric Lester of the Masters in Counseling Program with University President John Broderick



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