Dental Radiation Safety Certification

Prepare for successful completion of the examination leading to a dental radiation safety certificate. Lecture and lab cover radiation physics, biology, protection, analog and digital radiography and regulations guiding the use of ionizing radiation. All participants must be 18 years of age or older.

Course Offerings:

- January 21 and 24, 2015
  Term 201435 CN 90063
- March 25 and 28, 2015
  Term 201435 CN 90064
- June 3 and 6, 2015
  Term 201345 CN 90037
- September 2015
  TBA

Course begins on Wednesday from 6 – 9 p.m. and continues on Saturday from 8:30 a.m. - 4:30 p.m.
January and March courses will meet from 6:30 - 9:30 p.m. on Wednesday

Course Fee: $175
Limited to 32 participants

To register for courses, call 757-683-4247 weekdays from 8 a.m. – 5 p.m. EST or visit www.odu.edu/dental and click on “Continuing Education” to download a registration form. Call 757-683-4256 for questions.
Local Anesthesia/ Nitrous Oxide Conscious Sedation Certification

This 36-hour course combines lectures and clinical applications leading to certification for dental hygienists in the administration of local anesthetic agents and nitrous oxide/oxygen conscious sedation that meets Virginia regulation DHP, 18VAC 60-20.

Current Virginia dental hygiene license, CPR certification, and individual malpractice insurance coverage are required. You cannot take this course if pregnant or pregnancy is suspected.

Course Offerings:

January 16 – 19, 2015
Term 201435 CN 90082

July 10-13, 2015
TBA

Course fee: $1,299
Limited to 30 participants

Registration fee covers instruction, course materials, clinical laboratory supplies, approved CEUs, on-campus parking pass, morning continental breakfast, break refreshments, and box lunch each day.

Visit: www.odu.edu/dental for additional course requirements.
Continuing Dental Hygiene Education
Winter Weekend
Sheraton Oceanfront Hotel
February 20-22, 2015

RDH Early Bird Registration Discount Before 1/9/15. Please note the University is closed for Holiday Break from 12/24/14 – 1/2/15.

$220 RDH (201435/90008) Before 1/9/15
$270 RDH (201435/90009) After 1/9/15

Refund requests received by February 14, 2015, will be assessed a $25 cancellation fee. No refunds will be issued after February 14, 2015

Call 757-683-4247 or visit www.odu.edu/dental to download a registration form and register today! Last year’s event sold out!!

Schedule: February 20-22, 2015

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activities</th>
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<tbody>
<tr>
<td>Friday</td>
<td>1:15 p.m. – 1:30 p.m.</td>
<td>Welcome</td>
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<tr>
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<td>1:30 p.m. – 4:30 p.m.</td>
<td>Nutrition for the Dental Team</td>
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<td>4:30 p.m. – 5:30 p.m.</td>
<td>Supper Break (<em>included</em>)</td>
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<td>5:30 p.m. – 8:30 p.m.</td>
<td>Life is Your Best Medicine</td>
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<tr>
<td>Saturday</td>
<td>9 a.m. – Noon</td>
<td>Chamber of Medication Secrets</td>
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<tr>
<td></td>
<td>Noon – 1 p.m.</td>
<td>Luncheon (<em>included</em>)</td>
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<tr>
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<td>1 p.m. – 4 p.m.</td>
<td>I Haven’t Got Time for This Pain</td>
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<tr>
<td>Sunday</td>
<td>9 a.m. – Noon</td>
<td>The Special Patient with Autism and/or Anxiety:</td>
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<td>How You Can Help</td>
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Enjoy Winter Weekend at the Beach!
The Virginia Beach Resort winter season provides whale watching and other unique opportunities! For more information visit: www.vbfun.com

Nutrition for the Dental Team
Presenter: Tieraona Low Dog, MD
Sponsored by: P&G
A growing body of evidence now shows the direct link between nutrition and oral health; however, many dental professionals feel inadequately prepared to effectively counsel patients on healthy eating. This informative and fact-filled lecture will explore how macronutrients, micronutrients, glycemic index/load, dietary patterns and sugar substitutes impact oral health, periodontal disease and overall health. Learn the cutting-edge science behind the recommendations.
3 CE Hours

Life is Your Best Medicine
Presenter: Tieraona Low Dog, MD
Sponsored by: P&G
Everything you do and every choice you make can have a positive and profound impact on your health and well-being. Today, chronic illness afflicts more than 50 percent of Americans, despite widespread availability of pharmaceutical medications and state-of-the-art medical technology. Overwhelming evidence tells us that much of this illness has more to do with our lifestyles than anything else. This means the road to vitality and health is within our own power. From wholesome food, herbal medicines and movement, to meditation, interaction with nature and social connectedness, Dr. Low Dog draws a virtual road map to well-being that is both sensible and inspiring.

Chamber of Medication Secrets
Presenter: Thomas Viola, RPh, CCP
Sponsored by: Colgate
Armed with limited information and faced with rising prescription drug costs, our patients continue to self-medicate with a variety of non-prescription products, often without mention during a review of their medication history. Many patients add or substitute non-prescription products in their medication regimen, unaware of potentially serious drug interactions, contraindications and adverse effects. This course will provide participants with an overview of the dental considerations of the most popular over-the-counter drugs, herbal products and nutritional supplements, including a discussion of the effects of their illicit use. Special emphasis will be given to techniques useful in obtaining a complete and accurate patient medication history.
3 CE Hours
I Haven’t Got Time for This Pain
Presenter: Thomas Viola, RPh, CCP
Sponsored by: Colgate
Management of pain during dental procedures is accomplished with the use of local anesthetics. Due to their potential for producing life-threatening systemic adverse reactions, a thorough knowledge of the pharmacology of these agents is essential for their safe and effective use. Management of post-therapeutic dental pain is accomplished with the use of opioid and non-opioid analgesics. Since the treatment of such pain usually occurs outside the dental office and relies heavily on individual factors, it is essential to assess the efficacy of analgesics and monitor for their appropriate use. This course will provide participants with an overview of the pharmacology and therapeutics of local anesthetic agents and opioid and non-opioid analgesics commonly administered in dental practice.
3 CE Hours

The Special Patient with Autism and/or Anxiety: How You Can Help
Presenter: Karen Raposa, RDH, MBA
Learning about the patient with autism can also be extremely beneficial to the care and treatment of patients with fear and anxiety. This course will review the data and definitions of Autism Spectrum Disorder and will explore the multitude of techniques that can help guide patients through a successful dental appointment. The Centers for Disease Control and Prevention now reports that 1 in every 68 children today is born with some form of autism, a disease that affects an individual’s ability to communicate, socialize, and in some cases, function independently on a day-to-day basis. Practitioners are finding patients who are challenged with these diseases on a more routine basis than ever before. The need to better understand these patients and their unique abilities and gifts has never been greater. A review of how to properly assess the patient’s abilities will be conducted. Techniques for treatment and a review of technology and creativity that might be used will be explored. A comprehensive documented home care regimen that should be provided to caretakers will be discussed. Guidelines will be given for how practitioners can easily incorporate these special patients into their practice and make their career more rewarding than they ever imagined.
3 CE Hours

Call the Sheraton Oceanfront Hotel directly at 757-425-9000 or visit: https://www.starwoodmeeting.com/StarGroupsWeb/booking/reservation?id=1406239809&key=251F1648 to book room reservations before January 20, 2015. Mention you are an ODU Winter Weekend participant to take advantage of the $101 plus tax special group room rate.
Winter Weekend Presenters

**Tieraona Low Dog, MD** began to explore natural medicine and its role in modern health care more than 35 years ago as she studied midwifery, herbal medicine, massage therapy and martial arts before going on to earn her medical degree from the University of New Mexico School of Medicine. An internationally recognized expert in the fields of integrative medicine, dietary supplements and herbal medicine, Dr. Low Dog was appointed by President Bill Clinton to the White House Commission on Complementary and Alternative Medicine Policy. She has served as the elected chair of the U.S. Pharmacopeia Dietary Supplements and Botanicals Expert Panel, was appointed to the Scientific Advisory Council for the National Center for Complementary and Alternative Medicine, has been an invited speaker to more than 550 scientific/medical conferences, published 36 peer-reviewed articles, written 18 chapters for medical textbooks, and has authored two National Geographic books, *Healthy at Home* and *Life is Your Best Medicine*. Dr. Low Dog currently serves as the fellowship director for the University of Arizona Center for Integrative Medicine, where she oversees the training of physicians and nurse practitioners in integrative medicine.

**Karen Raposa, RDH, MBA** is currently Clinical Education Manager with Hu-Friedy Manufacturing Co. During her 20 years of private practice, Raposa has helped thousands of patients overcome their fears about dental treatment. She has authored articles on a variety of dental subjects and has co-edited a textbook titled *Treating the Dental Patient with a Developmental Disorder*, which was released in the summer of 2012. In addition, her work has been published in both Dr. Esther Wilkins’ textbook, *Clinical Practice of the Dental Hygienist*, as well as the Dental Clinics of North America “The Special Care Patient” publication. She also has extensive academic experience as a former assistant professor in Boston University’s Department of General Dentistry. Raposa was the first recipient of *Dimensions of Dental Hygiene’s* Professional Achievement Award in 2010. In September 2013, Dental Products Reports named her one of the “Top 25 Women in Dentistry,” and in October 2014 she was quoted in the *New York Times* as an expert in the field of dental care for patients with autism.

**Thomas Viola, R Ph, CCP** has taught dental pharmacology to some of the best hygiene students in the country at seven different colleges throughout New Jersey and Pennsylvania and served as the faculty presenter for the pharmacology portion of the ADHA’s National Board Review. In addition, Viola has presented hundreds of pharmacology continuing education programs to practicing dentists and hygienists nationally and internationally over the last 15 years and serves as a regular pharmacology columnist for *General Dentistry, AGD Impact, RDH* and *Access* magazines. Viola is a member of the faculty of eight colleges, as well as several national board exam review courses. In addition, he currently serves on the advisory board for *General Dentistry* and as the subject matter expert for Mosby’s *Dental Drug Reference*.

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Visit: www.odu.edu/dental

Click “Continuing Education” to download Winter Weekend course handouts for each speaker. Please print or bring your personal wireless device to access these documents throughout the weekend.
1HL20
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Old Dominion University
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4608 Hampton Blvd.
Norfolk VA 23529-0499