1. From the myODU Portal, click on the Student Success Services button.
2. Click on the “Get Assistance” button on the right hand side.

3. Select “Advising Old Dominion University” from the drop down.
Scheduling an Appointment with Your Advisor in Navigate

4. Select the best reason below that describes your visit to our office. There are no wrong answers, but it helps us with preparing for your appointment.
   a. Course Registration Prep
   b. Course Related Issue
   c. DegreeWorks Review/Plan
   d. Explore New Major/Minor
   e. Family/Life Issues
   f. Financial Aid/SAP
   g. Major/Minor Declaration

5. Next select our location by typing in “Darden” and selecting our office.
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6. Select the appropriate advisor from the drop down menu. Be sure to reference the following guide below for the correct advisor.

**If your major is:**
- Exercise Science
- Fashion Merchandising
- Health and Physical Education
- Industrial Technology
- Marketing Education
- Parks and Recreation Management
- Speech-Language Pathology and Audiology
- Sport Management
- Technology Education
- Therapeutic Recreation
- Tourism Management
- Training Specialist

<table>
<thead>
<tr>
<th>Last Name (no Human Services students)</th>
<th>Advisor</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-G (no Human Services students)</td>
<td>Mr. Rob Batchelder</td>
</tr>
<tr>
<td>H-M (no Human Services students)</td>
<td>Ms. Nola Nicholson</td>
</tr>
<tr>
<td>N-S (no Human Services students)</td>
<td>Ms. Arminda Israel</td>
</tr>
<tr>
<td>T-Z (no Human Services students)</td>
<td>Mr. Trey Mayo</td>
</tr>
</tbody>
</table>

Scroll below for All Human Services Majors and Minors
Scheduling an Appointment with Your Advisor in Navigate

All Human Services Majors and Minors (On-Campus Students):

<table>
<thead>
<tr>
<th>Last Name</th>
<th>Advisor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human</td>
<td></td>
</tr>
<tr>
<td>Services</td>
<td>Only</td>
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<tr>
<td></td>
<td>Ms. T’Airra Belcher</td>
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<tr>
<td></td>
<td>Ms. Sonja Lund</td>
</tr>
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<td></td>
<td>Mr. Alex Whitney</td>
</tr>
<tr>
<td></td>
<td>Ms. Teonna Thompson</td>
</tr>
<tr>
<td></td>
<td>Ms. Sara Dzurilla</td>
</tr>
<tr>
<td></td>
<td>Mr. Nick Ketchum</td>
</tr>
</tbody>
</table>

Distance Learning Students for Human Services (i.e., all online) will meet with Distance Learning Advisors:

Last Names/Advisor:

A-L – Ms. Hannah Guarino - hguarino@odu.edu
M-Z – Ms. Kim Cochran - krcochra@odu.edu

7. Select the best time you are available by click on the blue button and the time provided.

Schedule Appointment
Scheduling an Appointment with Your Advisor in Navigate

8. Confirm your appointment information including your phone number and hit the Confirm Appointment button. Feel free to enter additional appointment details with your advisor. You will receive an email/text confirmation and reminder. We look forward to seeing you.