MEET WITH YOUR ADVISOR

1. **BE PROACTIVE.** Don’t wait until the last minute. The earlier you go, the more options there will be.

2. **BE REALISTIC.** You know your strengths, so put together a schedule that is manageable for you (8 am classes are not everyone’s cup of tea).

3. **CHOOSE A MAJOR.** This is an important conversation you need to have with your advisor. Keep in mind:
   - Think of your strengths. People who don’t like Anatomy may not make good nurses.
   - Television can glamorize professions.
   - Make sure you like the subject, not just the professor.
   - Mom/Dad being a lawyer wouldn’t necessarily make you a good lawyer.

**Your advisor is waiting to hear from you!**

In addition to academic advisors (major declared or not), there are a number of advising resources specifically for:

- Students in academic difficulty
- Students with disabilities
- Transfer students
- First-year & Second-year students

**Don’t wait! Contact your advisor TODAY!**

SSC Help Desk: 757.683.3699

www.odu.edu/ao/successcenter