Tip of the Week

The purpose of this strategy is to increase comprehension through a five step process in which you survey, question, read, recite, and review. Follow these steps to remain actively engaged in the reading process = more effective learning.

# Reading Strategy: SQ3R

## Step 1. Survey
- Scan pages of selected text for titles, subtitles, pictures, charts, maps, bold or underlined words, etc.
- Surveying a reading in this way gives you the "big picture," a framework of the main ideas which will help to hold the details together later.

## Step 2. Question
- Turn each title and subtitle into a question (e.g. who, what, when, where, why, how). For example, if you're reading a part of a chapter called “Functions of the Liver”, ask yourself, “What are the functions of the liver?”

## Step 3. Read
- Begin reading. Read material covered under one section at a time, looking for answers to the questions you created. Take notes, highlight and/or underline important terms and concepts.
- Read for ideas not just words. Read aggressively with the intent of finding answers, remembering, and noting supporting details.

## Step 4. Recite
- Once you've finished reading that section, close your textbook and answer the questions you created in Step 2. Try answering the questions, either orally or on paper (in your own words) without looking up the answers in the text.
- As you answer the remaining questions, review the major concepts of the section.
- If you come to a question you cannot answer, reread the text or refer to your notes to locate the answer.
- Continue with Step 5 only after you can answer all of the questions you created.

## Step 5. Review
- After you have finished reading all of the sections, go back and check your answers to all of the questions you created in Step 2.
- Reread highlighted, bolded, or underlines parts. This will help you recall main points.
- Look over your questions, answers, and notes before the test to help you recall main points.
- The secret to making regular review periods effective is to start from the beginning of the course in each review session.