Old Dominion University

Welcome to ODU!

New International & Graduate Student Orientation

Tuesday, January 7, 2020

Webb Center - North Cafeteria

1:30 - 1:45  International Student Check-In

1:45 - 2:15  Being Engaged On Campus – OIR
              Aey Wongtritrat, Office of Intercultural Relations

2:15 - 2:30  Welcoming Remarks
              Augustine O. Agho, Provost and Vice President for Academic Affairs
              Don Stansberry, Interim Vice President of SEES

2:30 - 3:15  Graduate Student Check-In, Reception, & Service Fair

3:15 - 3:20  Orientation Overview
              Bryan Porter, Associate Dean of the Graduate School

3:20 - 3:30  Student Health & Graduate Student Health Insurance
              Kim Miller, Business Office Manager of Student Health Services
              Robert Dunke, Medical Director of Student Health Services
              Kristi Mantay, Clinical Supervisor of Student Health Services

3:30 - 3:35  Counseling Center
              Ragan Killen, Counseling Services

3:35 - 3:50  Campus Safety
              Officer Tommy Evans, ODU Police Department

3:50 - 4:00  Title IX
              Ariana Wright, Institutional Equity & Diversity

4:00 - 4:15  S.A.F.E. 101 for Students
              La Wanza Lott-Brewington, Women’s Center

4:15 - 4:25  Writing Center Resources
              Megan Boeshart, Writing Center

4:25 - 4:35  Academic Dishonesty
              Laura Ulmer, Office of Student Conduct & Academic Integrity

4:35 - 4:45  Break/Undergraduate International Evaluations Completed

4:45 - 4:55  RCR Policy
              Danielle Dady, Office of Research

4:55 - 5:10  Professional Development Programs
              Wei Yusuf, Career Pathways Steering Committee Chairperson

5:10 - 5:25  Key Issues for Graduate Academic Success
              Robert Wojtowicz, Vice Provost & Dean of the Graduate School

5:25 - 5:30  Wrap-up/Evaluation
OIR's Black and LatinX Initiatives

- Employee/Student Mentor Program
- ODS Sexuality and Gender Alliance
- Safe Space Ally Training
- Events
  - Lavender Reception
  - Friendlighting
  - World AIDS Day
  - Spudders
Student Health Services

1007 South Webb Center
757-683-3132
For Urgent Concerns After Hours: (757) 683-4000

Hours of Operation
- Monday-Thursday: 8AM-7PM
- Friday: 8AM-5PM
- Limited Walk-In Hours: 8AM-9:30AM, Mon-Fri

("Fall/Spring semesters only")

Health History /
Immunization Requirements
- Complete Health History
- Two MMR vaccines
- Tetanus vaccine within 10 years
- Hepatitis B vaccine (or waiver)
- Meningitis vaccine at age 16+ (or waiver), Not required at age 22+
- TB Risk Assessment
Student Health Insurance
- United Healthcare Student Resources
- www.uhc.com
- International students automatically enrolled
- Domestic graduate students enroll online
- Graduate assistants earning $5,000 or more/semester are eligible for a subsidy
  $500 fall, $600 spring (taxable income)

Student Health Insurance
- Fall enrollment 8/1/19 – 12/31/19, cost $898
- Spring/summer enrollment 1/1/20 – 7/31/20, cost $1,256
- Deadline to enroll is September 30 for fall and February 15 for spring/summer
- Domestic graduate students must pay the premium by these dates for coverage to be effective August 1 for fall and January 1 for spring
Counseling Services

1511 Webb Center
Tel: 434.352.4661
www.odu.edu/counselings

January 2020

Services
- Consultation (addressing your mental health needs)
- Crisis intervention
- Individual counseling
- Group counseling
- Referral
- Outreach programs and workshops

Staff consists of full-time mental health professionals and graduate level practitioners.
How do I get counseling?

Four step process:
1. Come into the Center and request an appointment.
2. Complete the required paperwork.
3. Our staff will schedule an appointment for you as soon as possible.
4. Keep your appointment and call or text to reschedule if necessary.

What happens after the first consultation?

- Students could be referred to a community provider for ongoing treatment.
- Placed on the wait list for individual counseling.
- Group Counseling may be recommended as it might be the most effective type of counseling for the presenting issue.
- Refered to another office such as Career Management Services, Student Outreach and Support, Educational Accessibilit, etc.
- A combination of the above could happen.

How do I refer someone else to counseling?

- Have a conversation: I am concerned about you because (of behavior); I care about you, I would like to help you connect with the Counseling Center.
- You can either:
  - Make a referral to the Counseling Center.
  - Make a referral to the Office of Student Affairs and Auxiliary Services.
  - Make a referral to the Office of Student Life.
  - Make a referral to the Office of Student Retention.
  - Make a referral to the Office of the Dean of Students.
- Be sure to include the student in the process.
- What is the ultimate goal with both about who you think this student needs counseling.
Contact Information
Office of Counseling Services
1825 Webb Center (Mon.-Thurs. 8 AM-7 PM, Fri. 8 AM-5 PM)
757-683-4401
www.odu.edu/counseling
If you have general questions, feel free to contact me at
counseling@odu.edu or (757) 683-4038.
Safety Initiatives on an Urban Campus

Old Dominion University Police Department

The Old Dominion University Police Department is a full-service department with a professional staff.

- State Certified Police Officers
- State Certified Security Officers
- Serving the Community 365 days a year, 24 hours a day.
- Students in Uniformed Patrol Aide Program
- Allied Security

Old Dominion University Police Department

- Headquarters is located at 4516 Monarch Way.
- Powhatan Station is located at 4701 Powhatan Ave. (between Powhatan I and II apartments)

Important numbers to remember:
- ODUPD (Emergency) - (757) 683-4000
- ODUPD (Non-Emergency) - (757) 683-5865
- SAFERIDE - (757) 683-3477
- Norfolk Police-911

Two locations on campus to provide assistance to students, faculty, staff and visitors.
Emergency Notifications

The University's Emergency Notification System utilizes many different methods and overlapping mechanisms of communication:

- Receive Alerts via
  - Text Message
  - Email
  - Telephone
  - Web-site Announcement

Report all Emergencies to (757)683-4000

When reporting an incident include as much information as possible:

- Location of emergency
- Nature of the emergency (e.g., in progress or completed)
- Any immediate threat(s) to life
- Signs of medical assistance
- Description (person or vehicle)
- Any danger to emergency responders
- Stay on the phone until released by dispatchers

ODU Mobile App

Key Features that will Help You!

- Directory - Look up contact information for ODU students, faculty and staff. Add, email, or add them to your contacts. Bookmark frequently used contacts and add them to your
- Parking - See real-time availability of spaces in campus parking garages. Device's address book
- Emergency - Quick access to numbers for 911, ODU Police, Campus Escort Service and Counseling Services when you need them
- Places - Find places on campus, hours of operation, view on the map and more
- Health & Wellness - Find information about ODU's Student Health Center, Health Center, and other ways to stay healthy and well
- Shuttles - View real-time locations and estimated arrivals of all ODU shuttles
Crime Prevention and Safety Tips

- Be aware of your surroundings.
- Trust your instincts.
- Avoid dark areas, short cuts and secluded locations.
- Minimize walking alone.
- YES, Gentleman THIS INCLUDES YOU...
- Ensure someone you trust has knowledge of your whereabouts outside of your normal routine in the event you need to return.

Set Something, Say Something. Report it. 757.683.4000

Crime Prevention and Safety Tips

- At a residential community member do NOT allow “tailgating” – (B) whom someone follows into a residence that is behind a person and is NOT allowed access without proper ID.
- Never use an ATM without checking to make sure who is around.
- Avoid displaying or carrying large amounts of cash.
- Remove valuables in public view upon arrival.
- Register bicycles and secure with a U-Lock.
- Keep personal property with you at all times.

Safety Initiatives

- Campus Shuttle Bus (Parking and Transportation).
- SAFE-RIDE (Sunset-02:30 a.m.).
- Patrol Aide ESCORTS.
- Card Access Control Mechanisms.
- Security Video Cameras throughout the campus.
Don't Leave Personal Property Unattended

Frequently targeted areas on Campus
- Student Recreation Center
- Potter Arts and Letters
- Perry Library
- Administration Building

Solutions
- Keep personal property with you at all times.
- Personalize your belongings or use laptop locks.
- Keep it safe, register your laptop for free and/or download programs to track your devices.

Fraud and Scam Prevention

Eight Tips on how to keep your identity and money safe
1. Don't give out personal information to just anyone.
2. Avoid clicking on links you are unsure about.
3. Shred your documents.
4. Don't carry your social security card.
5. Only carry credit cards you actually need daily.
6. Protect your mailboxes.
7. Monitor your online accounts.
8. Create strong passwords.

Visa & Immigration Service Advising

2004 Evans Hall Norfolk, VA 23529 757-683-4756 (office) 757-683-5196 (fax) info@nels.nova.edu

The Office of Visa & Immigration Service Advising provides immigration advising services that help ensure the academic and personal success of our international students and scholars.

They also offer training workshops to academic departments and administrative offices that develop international communication skills and build more resources for the international community needs.

- In case of an immigration emergency (e.g., getting in trouble with DED, having housing or visa issues, having to leave your current county on short notice, and getting stuck at an airport's clinic), please call (800) 586-4281.
- After calling the Immigration Emergency Hot Line, report all incidents to your GSO police for records. (757) 445-5665.
Sexual Harassment Defined

- Unwelcome
- Conduct of a sexual nature
- Sufficiently severe or pervasive to interfere

The Reasonable Person Standard

- Would a reasonable person in the victim's shoes find the conduct to be offensive or unwelcome?

Sexual Assault

- Under Title IX, sexual assault is an egregious form of sexual harassment. It occurs any time there is sexual contact without consent.
- Sexual assault can include rape and other non-consensual sexual acts.
Consent

- Consent is defined as knowing, voluntary, and clear permission by word or action to engage in mutually agreed upon sexual activity.
- Consent is the basis for all healthy sexual interactions with your partner(s).

Title IX Compliance

- Once the University has notice of a potential violation, it must:
  - Take immediate and appropriate steps to investigate what happened
  - Take prompt and effective action to end the harassment, remedy the effects, and prevent recurrences as well as prevent retaliation.

To Whom Should You report?

Title IX Coordinator
Courtney Kelly, Office of Institutional Equity & Diversity

If you have a concern you would like to report, you can do so electronically:
https://m.mariest.com/reportabuse?ufa=CM&domain=cm.university.ofillinois.edu
Filing a Complaint

- Discrimination Policy (Policy #1005)
- Informal & Formal processes
- There are NO time restrictions for filing a complaint
- Complaints may be anonymous
- The complaint form can be found on our website at https://www.odu.edu/equity

Confidentiality Issues

- Confidentiality vs. privacy

Confidentiality is a balancing act between the interests of the injured party, the rights of the accused party, safety concerns, and the interests of the University community

Barriers to Disclosure

- Fear of not being believed
- Self-blame
- Concerns about getting in trouble
- Not knowing how to disclose or to whom
- What other things may deter a person from coming forward?
Resources

- C&U Women's Centre
  - Confidential sexual counseling and support, tested for legal action needed
  - Other confidential services also be available

- C&U Police Department
  - Access forced entry
  - File criminal charges
  - Protective orders
  - Safety escort services

- Office of Counseling Services
  - Confidential counseling
  - Assistance sexual harassment events

- Student Outreach & Support
  - Help with absences, missed work, and
  - Administrative withdrawals

- Student Conduct & Academic
  - Off-campus orders

- Student Health Center
  - Confidential healthcare

- Community resources also available

Summary

- Sexual harassment is any unwelcome conduct of a sexual nature that interferes with a student's education or an employee's job.

- Sexual harassment is considered a type of discrimination and is prohibited by federal law.

- Title IX prohibits sexual harassment, including acts of sexual violence such as sexual assault.

You play a vital role!

Thank you for attending.

Further questions:

681-3141

officeofinstitutional.equitydiversity@edu.edu
History of the Women's Center

The ODU Women's Center was founded in October 1976 and is the oldest center on a Virginia college campus that has served students for over 40 years.

Mission

The Women's Center promotes gender equity and student success through leadership development, interpersonal violence prevention and response.
Women's Center Mission

- Promote Gender Equity
- Leadership development
- Empowerment
- Support/Advocacy – Interpersonal
  violence prevention & response
- SAFE environment for everyone

Women's Center Programs

- mPULSE
- WILD
- Men of Quality
- M-Power
- Green Dot
- S.A.F.E.

- S.A.F.E. environment for everyone
Sexual Assault & Abuse Free Environment (SAFE) Program

- Addresses interpersonal violence on campus by educating the ODU community on issues of stalking, relationship, and sexual violence
- Provides advocacy and support for survivors
- Empowers everyone on campus to recognize and stop abuse and sexual assault before it occurs.

Interpersonal Violence

- **Sexual assault** is any sexual contact without consent.
- **Intimate Partner Abuse** is an ongoing pattern of abuse or control used against an intimate partner.
- **Stalking** is repeated harassment that causes the victim fear.

Know the Facts

- 1 in 5 women has been sexually assaulted while in college.
- The first three weeks on campus are when college women are most at risk for sexual assault.
- In 94% of cases, the perpetrator was known to the survivor.
- 43% of college women experience violence and abusive dating behaviors.
- Stalking affects 1 in 6 women, 1 in 19 men.
Empowerment

- Go out with a group of friends
- Know that you can say “No!”
- Trust your instincts
- Practice safe drinking
- Ask for consent each step of the way
- Trust your instincts
- Be an active bystander & friend.

Resources

- ODUI Women’s Center – Sexual Assault Free Environment Program (confidential)
  - Battle Plaza: 757-683-4105
- YWCA Sexual & Domestic Violence Services (confidential)
  - 24 Hour Crisis Support: 757-321-5548
- ODUI Student Health Center (confidential)
  - 757-683-5587
- ODUI Counseling Services (confidential)
  - 757-683-4401
- ODUI Police Department
  - To report a crime: 757-683-4000
- ODUI Office of Institutional Equity & Diversity
  - To report violations of campus policy: 757-683-3143

Questions
Responsible Conduct of Research

Danielle Dady
Senior Research Compliance Coordinator

Training Requirement

• "All graduate students who were admitted or readmitted to a degree or graduate licensure program as of fall 2010 must complete the Collaborative Institutional Training Initiative (CITI) basic course."
• Completion of the RCR modules will be tracked through the CITI website and is a graduation requirement.
• The RCR modules must be completed prior to completion of 12 semester hours."

- Responsible Conduct of Research Policy, Graduate Catalog

Responsible Conduct of Research (RCR)

"The responsible conduct of research means the functioning of the research process meets the professional obligations of scientists and contributes to the perpetuation of science as a social institution held in high regard."

ORI
Lawrence Rhodes, Office of Research Integrity
Shared Values*

- **Honesty** – conveying information truthfully and honoring commitments
- **Accuracy** – reporting findings precisely and taking care to avoid errors of omission and commission
- **Objectivity** – letting the facts speak for themselves and avoiding improper bias.
- **Efficiency** – using resources wisely, appropriately, and avoiding waste

*Introduction to the Responsible Conduct of Research, N. Steneck, ORI, 2004

RCR Core Elements

- Human subjects
- Animal subjects
- Data acquisition, management, sharing, ownership
- Publication practices/responsible authorship
- Peer review
- Mentor/trainee responsibilities
- Conflict of interest/commitment
- Collaborative science
- Research misconduct

Satisfying the training requirement

- Register for a CITI account at http://www.citiprogram.org
CITI Training

- Affiliated with ODU!
CITI Training

- Detailed instructions can be found online at http://www.odu.edu/impact/responsible-conduct-of-training
- Complete the training at your own pace (allow for 3-4 hours)
- Office of the University Registrar will be tracking completion of this requirement and typically updates your status within 24-48 hours of completion
- Holds can only be lifted by the Registrar

Research Compliance

- Conformance with Federal, State, and Local Regulations and University Policies
  - Protection of human subjects
  - Institutional Review Board (IRB)
  - Welfare of laboratory animals
  - Institutional Animal Care and Use Committee (IACUC)
  - Safe use of radioactive material & radiation-producing machines
  - Radiation Safety Committee (RSC)
  - Safe conduct of recombinant DNA research
  - Institutional Biosafety Committee (IBC)
  - Attention to safety and integrity issues
  - Export Controls
  - Conflict of Interest

Remember...

- All researchers are expected to uphold the same standards of scientific integrity when conducting research
- Be aware of Federal, State, Local, and Institutional regulations and guidelines
- Ask questions
## Resources

- Office of Research – Research Compliance
  - [http://www.odu.edu/research](http://www.odu.edu/research)
- Collaborative Institutional Training Initiative (CITI)
  - [http://www.citiprogram.org/](http://www.citiprogram.org/)

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Graduate Student Professional Development

CAREER PATHWAYS
Professional development to bridge graduate school and career success

Dr. Wie Yusuf
Professor, School of Public Service
Chair, Career Pathways Steering Committee
jyusuf@odu.edu

Career Pathways

- Gateway to resources, programs, events, and planning tools for ODU graduate students and postdocs
- Provides career exploration and career planning programs to prepare graduate students for successful transition to thinking careers
Two Career Preparedness Programs

Preparing Future Faculty (PFF)
- For graduate students and postdocs interested in an academic career in a higher education setting

Preparing Future Professionals (PFP)
- For graduate students and postdocs interested in a non-academic career such as in industry, non-profit, non-governmental organizations, or government agencies

Preparing Future Faculty (PFF) program

PFF Overview
- Mission:
  To expose graduate students and post-doctoral scholars to the diverse roles, responsibilities, and rewards of an academic career.
  Focuses particularly on the teaching and service roles sometimes not included in graduate training.
  Also addresses fundamental research skills (e.g., grant writing, publishing) and academic job searching.
- Anyone can participate in PFF events!
PFF Certificate

- Earn the PFF Certificate
- Developing a CV
- Completing a semester-long mentored teaching experience
- Participating in 6 professional development activities related to preparing for an academic career
- Documenting completion of all requirements in an ePortfolio
- Completion of PFF Certificate is noted on your ODU transcript

Preparing Future Professionals (PFP) Program

PFP Overview

- Mission: To prepare graduate students and post-doctoral scholars for careers in industry, non-profit or non-governmental organizations, or government agencies
- Tailored to your career preparedness and professional readiness needs
- Anyone can participate in PFP events!
PFP Certificate
- Earn the PFP Certificate
- Developing an individual development plan
- Creating a resume
- Participating in professional development activities related to career development, leadership, and communication, professionalism, and specialized skills
- Documenting completion of all requirements in an ePortfolio
- Completion of PFP Certificate is noted on your ODU transcript

Calendar of Events
https://sites.wp.odu.edu/gs101/events/
Check regularly for various events, including Career Pathways workshops

Important Resources
- Dr. Wie Yusuf
e-mail: jyusuf@odu.edu
- Career Pathways
  https://sites.wp.odu.edu/careerpathways
Keys to Graduate Academic Success

Robert Wojnowicz, Ph.D.
Vice Provost & Dean of the Graduate School

The Graduate School
- Overview
- Policies and Procedures

Overview
Old Dominion University at a Glance

- Carnegie Classification
  - Doctoral Universities: High Research Activity (R-2)
  - Research Doctoral: Professional-Dominant
- Enrollments (fall 2019 official census)
  - 23,675 students overall with 19,176 classified as undergraduate and 4,499 as graduate

Graduate Education - I

- Degree and Certificate Offerings*
  - 22 doctoral degrees
  - 2 education specialist degrees
  - 44 master's degrees
  - More than 50 graduate-level certificates and licenses

* Not all degree programs included.

Graduate Education - II

- Degrees Conferred - 2018-2019
  - Master's - 1,034
  - Education Specialist - 74
  - Doctoral - 207
Graduate Education – III

- The Graduate School works collaboratively with the six colleges to ensure quality graduate education.

Graduate Education – IV

Policies and Procedures
Student Status
• **Degree-seeking**: students who have been formally admitted into a degree program
• **Non-degree-seeking**: students who have not been formally admitted into a degree program, including those who are pursuing a certificate or licensure program

Continuance - I
• Circumstances whereby a student may continue graduate study or may be placed on probation or suspension
• Applies to ALL students who enroll in graduate courses
• Provides the minimum standards for students; some degree programs have higher standards

Continuance - II
• All courses count in the cumulative GPA calculation
• All grades stay on the academic record
• Records are reviewed at the end of each semester, and those students who have not maintained a 3.0 GPA will be placed on probation
Continuance – III
- A degree-seeking student has 12 credits from the time he/she falls below a 3.0 GPA to return to good academic standing.
- A non-degree-seeking student has 6 credits from the time he/she falls below a 3.0 GPA to return to good academic standing.

Continuance – IV
- If the 3.0 GPA is not attained within the allotted time, the student will be suspended.
- A student holding an assistantship may be terminated if he/she falls below a 3.0 GPA.

Continuous Enrollment Policy
- Master’s and Education Specialist Students:
  - Must be enrolled in the semester of their graduation.
- Doctoral Students:
  - Must be continuously enrolled for at least 1 credit following their advancement to candidacy.
Time Limits

- Master's, Education Specialist, and Doctoral Students - 8 years
- If a degree is not completed within the designated time limit, a student's courses will be subject to re-valuation

Helpful Hints

- Consult regularly with your Graduate Program Director (GPD)
- Take responsibility for monitoring your own academic progress
- Do NOT wait until it is too late; seek assistance early if you are having trouble
- Read and understand the policies in the Graduate Catalog

"It came here, and I got better."

(Imagery from: "If you like the look of the ARA, you like the look of me."
Calvin Walker 17)
NEW INTERNATIONAL & GRADUATE STUDENT ORIENTATION
SPRING 2020
TUESDAY, JANUARY 7, 2020
EVALUATION FOR GRADUATE STUDENTS

Please indicate your College:

- College of Arts & Letters
- Strone College of Business
- Darden College of Education & Professional Studies
- Batten College of Engineering & Technology
- College of Health Sciences
- College of Sciences
- The Graduate School
- School of Continuing Education

Please indicate your Graduate Program & Degree Level:


Please rate each presentation:
5-Excellent  4-Good  3-Average  2-Below Average  1-Poor  0-Don’t Know

Being Engaged on Campus – OIR
Welcoming Remarks
Orientation Overview
Student Health & Graduate Student Health Insurance
Counseling Center
Campus Safety
Title IX
S.A.F.E. 101 for Students
Writing Center Resources
Academic Dishonesty
RCR Policy
Graduate Student Q&A Panel
Professional Development Programs
Key Issues for Graduate Academic Success
Overall Orientation

1. Which presentation(s) did you find most helpful/interesting? Why?

2. Which presentation(s) did you find least helpful/interesting? Why?

3. What topics would you like to see added to future orientations?

4. Other Suggestions/Comments

5. Rate your overall experience today (1 star = poor, 5 stars = great)

THANK YOU for your participation!
New International & Graduate Student Orientation
Spring 2020
Tuesday, January 7, 2020
Evaluation for Undergraduate International Students

Please rate each presentation:
5-Excellent  4-Good  3-Average  2-Below Average  1-Poor  0-Don't Know

- Being Engaged on Campus – OIR
- Welcoming Remarks
- Orientation Overview
- Student Health & Graduate Student Health Insurance
- Counseling Center
- Campus Safety
- Title IX
- S.A.F.E. 101 for Students
- Writing Center Resources
- Academic Dishonesty
- Overall Orientation

1. Which presentation(s) did you find most helpful/interesting? Why?
   __________________________________________________________
   __________________________________________________________

2. Which presentation(s) did you find least helpful/interesting? Why?
   __________________________________________________________
   __________________________________________________________

3. What topics would you like to see added to future orientations?
   __________________________________________________________
   __________________________________________________________

4. Other Suggestions/Comments
   __________________________________________________________
   __________________________________________________________

5. Rate your overall experience today (1 star = poor, 5 stars = great)
   ★★★★★

Thank you for your participation!