Fall is falling upon us

October is a busy month on ODU’s campus. October kicks off with the Study Abroad Fair which is the perfect opportunity to start planning your trip abroad. This is also Alcohol Awareness Month and the Office of Health Promotions has a full schedule of campus events. Mid-term exams and fall break are upon us as well, so make sure to take some time for yourself. This is also a great month to schedule an appointment with your advisor since class registration begins in November. Happy fall!

Coming up this month:

- **Study Abroad Fair**
  Tuesday, October 2
  10:30 a.m. - 1:30 p.m.
  North Mall, Webb Center

- **Fall Break**
  October 6-9
  (Residence Halls remain open, but no classes)

- **ODU Homecoming**
  October 10-14

- **Sophomore Success Luncheon**
  with the College of Health Sciences
  Tuesday, October 16
  12:30-1:30 p.m.
  Location TBA

- **Breastival**
  Thursday, October 25
  Kaufman Mall

- **Don’t Let Your GPA Die**
  Tuesday, October 30
  12:30-1:30 p.m.

A Few Seconds

- Second Oldest Ivy League School: Yale University
- Second Oldest Virginia School: Randolph College
- Second U.S. Vice President: Thomas Jefferson
- Second Winter Olympics: St. Moritz, Switzerland on February 11-19, 1928.
- Second Largest Country by Size: Canada
- Second Largest Country by Population: India
- Second Man in Space: Gherman Titov

Who We Are

Liz Boyd – Coordinator of Second-Year Programs, beboyd@odu.edu

Amber B. Carter – Graduate Assistant, for Second-Year Programs, abcarter@odu.edu

The Sophomore Success Program is a collaborative effort between Student Transition and Family Programs and Academic Enhancement.
Tips from Sophomores for Success

Students in the University 111 Sophomore Success course were asked this question and came up with 10 success strategies they learned in their first-year:

1. College is different from high school.
2. Go to class!!!
3. READ your emails and Blackboard announcements.
4. Rent textbooks to save money.
5. Find a balance between school and your social life.
6. Try to avoid taking multiple 8 a.m. and evening classes.
7. Seek help from faculty and advisors.
8. Utilize campus resources.
9. Schedule time for a break in the middle of the week.
10. Login to Blackboard regularly and view your grades.

What tips did you learn in your first year in college? Share your success tips on our Facebook page for a chance to win an ODU gift pack!

Are you:

- Lacking motivation?
- Missing friends from last year?
- Uncertain about your major/future plans?
- Stressed out about the year ahead?
- Wanting to get involved but not sure where to start?

These are a few of the symptoms of the “Sophomore Slump.” The Sophomore Success Program is here to help you avoid “The Slump.” Call or stop by today for more information!

Hispanic Heritage Month – The Student Success Center is highlighting students, staff, and faculty from ODU’s Hispanic and Latino communities with a display inside the Learning Commons at Perry Library. The display will remain available for viewing until the end of October. Please take a moment to visit the display and recognize the pursuits of success of our students, staff, and faculty in the past, present, and in the future.

Check out photos of the display on the SSC blog.

Alcohol Awareness Month

Truth About Tailgating
October 11 from 11 a.m.– 3 p.m., Monarch Day on Kaufman Mall Alcohol Awareness Information for tips on partying safely and responsibly.

Screening Dates
October 15, 12– 4 p.m.- HIV Testing October 17 from 12– 4 p.m.- Sexually Transmitted Infection Testing Free for ODU students. Check student announcements for locations.

Illumination Event
October 17 from 6:30 p.m.– 8:30 p.m. Come out to Kaufman Mall for this Illumination event to honor Virginians who lost their lives due to drunk driving. Sign the pledge not to drink and drive.

OctSOBER fest/Alcohol Awareness Week
October 29–November 2

DON’T FORGET THIS DATE!!!
Class Registration begins November 12, 2012 Remember to make an appointment with your advisor now to avoid delays.

Find us on Facebook: ODU Sophomore Success