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Dear Monarchs,

As you prepare for winter break, here are some helpful tips and information regarding COVID-19 testing protocols and travel reminders for the months of December 2021 and January 2022.

Returning to Campus

All students who have a confirmed exposure or feel symptomatic must test for COVID-19, prior to returning to campus and please stay home if you are feeling unwell. **Do not test for COVID-19 if you had a positive result within the past 90-days.**

Unvaccinated individuals with a medical or religious exemption:

- Who live on campus must test and [upload the negative COVID-19 test results](#) into the Monarch Wellness Portal by **January 5, 2022**.
- Who live off-campus and have in-person courses must test 72-hours prior to their return to campus and [upload the negative COVID-19 test results](#) into the Monarch Wellness Portal.

Please note, vaccinated students could be subjected to random COVID-19 testing in Spring 2022 based on the positivity rates and impact of variants across the region.

COVID-19 Testing in December & January

The Jim Jarrett Annex testing facility is **closed** for testing and vaccinations from Saturday, December 18, 2021 through Sunday, January 2, 2022.

The Jim Jarrett Annex testing facility will remain open from December 8-17, 2021 for **free** testing and vaccinations on campus:

- Monday, Wednesday, and Friday from 7 a.m. to 1 p.m.
- Tuesdays and Thursday from 7 a.m. to 1 p.m. **and** 2 p.m. to 5 p.m.

On Monday, January 3, 2022, the testing facility will resume operations with the above mentioned hours.

Testing Options during Winter Break for Students

- Unvaccinated students, students with symptoms, and students who will remain on campus from December 23, 2021, through January 2, 2022 will have the option to pick-up a **free** COVID-19 home testing kit at the Powhatan Apartments front desk or the Village Apartments front desk. Students must show a valid student ID and limit one kit per person, while supplies last.
- Students may also test at the local pharmacy, urgent care, or with their primary care provider, should they have exposure, develop symptoms, or need to test for the weekly requirement.

Reporting Exposure & Positive Diagnosis

During winter break, please continue to monitor your health and if you develop symptoms or have close contact exposure, please visit the [closest testing facility to get tested for COVID-19](#) prior to returning to campus.

It is important to report your exposure or positive results to the University even if it happens during winter break. Please visit the [Monarch Wellness Portal](#) and click on the “Forms” menu tab at the top and complete the ‘COVID-19 Daily Check-In – Student’ to file a report.

*If you are **unvaccinated** and need to file a report, your ‘COVID-19 Daily Check-In – Student’ form will be available below your status circle under the “COVID-19” menu tab.*

Student Health Services

Student Health Services will be available to students for COVID-19 testing and vaccinations during their regular hours of operation until Thursday, December 23.

The Student Health Services will close all operations from Friday, December 24, 2021 through Sunday, January 2, 2022, but a health care provider will be on-call for emergencies and can be reached by calling Campus Police at [757-683-4000](tel:757-683-4000) (ask to speak to the physician on-call).

Domestic & International Travelers for Winter Break

If you are planning to travel within the United States during winter break, please consult the [CDC Travel Guidelines](#) in preparation for your trip.

The CDC has updated the international travel guidelines so please review the **new** [CDC International Travel Guidelines](#) prior to departure. Consult the [CDC Quick Reference Flow Chart](#) prior to returning to the USA for additional guidance.

Please continue to protect yourself and others by following the recommended [CDC Guidelines](#).

For more information contact COVIDCares@odu.edu and have a wonderful break!

With Monarch Pride,

Don Stansberry, PhD
Vice President
Student Engagement & Enrollment Services