Greetings and welcome to Fall 2020 at ODU Virginia Beach!

Our priority is your safety and wellbeing. Therefore we'll offer masks to anyone who forgets to bring one into our building, and remind everyone that each of us must wear our masks properly covering our noses and mouths at all times, and maintain social distance all fall as well.

As you'll see around the building, we've made many adjustments to spaces to reduce capacity and support social distance, and there are sanitizing stations in every classroom and in other traffic areas.

I thank you for embracing these new arrangements, and for washing your hands frequently and for 20 full seconds singing whatever song you like best as we progress through the semester!

Congratulations to each of you pursuing your academic goals, gaining the knowledge, skills, and credentials you'll be able to use to improve your life and our collective future.

This semester you can take advantage of the Learning Commons -- open until midnight on Wednesdays & Thursdays -- quiet study spaces, (virtual) Writing Tutorial Services, free scantrons, University Library services, lounges, vending, and now, increased outdoor seating along the back porticos and at the picnic tables, and more. Make yourself at home, observing social distance.

In addition, we'll be hosting acclaimed novelist Suzanne Strempek Shea for "Grit and Grace," ODU's world-class, 43rd Annual (and now virtual) Literary Festival, October 8th -- this year's festival will be even more accessible than ever since we'll be Zooming!

Thank you for being part of our Monarch community in Virginia Beach! May you have a successful semester.

Go Monarchs!

Renée Olander
Associate Vice President for
Regional Higher
Education Centers

Fall 2020

Safety First

The safety, health and well-being of students, faculty and staff are of upmost importance and ODU Virginia Beach has instituted safety protocols to keep you safe.

Over the summer the building was thoroughly cleaned and sanitized, and enhanced cleaning procedures established. Furniture in the Learning Commons and the student lounges was rearranged and hand sanitizing stations were positioned throughout the building.

In order to maintain required social distancing class sizes are reduced and classrooms reconfigured. Some computer workstations in the Learning Commons have no keyboards, rendering them inoperable. Please note the directional arrows in the stairwells establishing traffic flow as either up or down and exterior doors are marked as either entrance or exit. Signage is placed to remind everyone of the need to wear masks and maintain social distancing.

You must do your part to keep everyone safe:

- Wear a face covering
- Maintain 6 feet social distancing
- Avoid congregating in groups
- Minimize contact with others
- Stay to the right in hallways
- Follow one-way traffic flow
- Use stairs rather than elevator
- Maximum of 1 rider in elevator
- Cover coughs and sneezes
- Wash your hands often for 20 seconds
- Stay home if feeling sick
Learn more about ODU at the Beach

Visit odu.edu/vabeach to review the Welcome guide that provides all you need to know about ODU Virginia Beach. The handy guide provides general information, acquaints you with services offered at the Beach, and introduces the staff.

School of Nursing

Week of Welcome at the Beach

Fall 2020 kicks off with Week of Welcome. Stop by the Monarch Information Station in the Atrium the first week of class and meet the staff. They can assist you with questions, provide information about the ODU services offered at ODU Virginia Beach, and have Monarch giveaways and goodies to share.

Calendar of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug 12</td>
<td>Nursing New Student Orientation</td>
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<tr>
<td>Aug 29 - 30</td>
<td>DNP Fall Virtual Weekend</td>
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<tr>
<td>Oct</td>
<td>Nursing Zoom advising sessions</td>
</tr>
<tr>
<td>Sept 21 - Oct 2</td>
<td>Telehealth Certification Program</td>
</tr>
<tr>
<td>Nov 2</td>
<td>Whitecoat ceremony</td>
</tr>
</tbody>
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For additional information call
School of Nursing 757-683-4297

Career Development Services at ODU Virginia Beach

Whether you are a senior contemplating your first career position after graduation or a freshman looking for a part-time job or an internship, Career Development Services (CDS) is able to assist. CDS offers a multitude of free career building services such as resume and cover letter writing, interviewing tips, and job search strategies. CDS maintains a satellite office in the ODU Virginia Beach Learning Commons where you may meet with a Career Coach. Be sure to take advantage of the CDS sponsored job and career fairs which bring hundreds of employers to campus each year.

Contact Career Development Services at 757-683-4388 or visit odu.edu/cds.

Don’t Forget your Parking Permit!!

A valid ODU parking permit is required to park in ODU Virginia Beach lots. ODU now utilizes a virtual permit system where your license plate is your permit. Parking permits issued for the main campus of ODU are honored at ODU Virginia Beach. Permits can be purchased online at odu.edu/parkingservices.

ODU Virginia Beach Quick Telephone Reference:

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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</thead>
<tbody>
<tr>
<td>ODU-VB Switchboard</td>
<td>757-368-4100</td>
</tr>
<tr>
<td>Security Office</td>
<td>757-368-4136</td>
</tr>
<tr>
<td>Career Development Services</td>
<td>757-368-1751</td>
</tr>
<tr>
<td>ITS Help Desk</td>
<td>757-683-3192</td>
</tr>
<tr>
<td>Nurse Anesthesia Program</td>
<td>757-368-4171</td>
</tr>
<tr>
<td>School of Nursing</td>
<td>757-683-4297</td>
</tr>
<tr>
<td>Writing Center</td>
<td>757-368-2106</td>
</tr>
<tr>
<td>Virginia Tidewater Consortium – Educational Opportunity Center</td>
<td>757-368-1755</td>
</tr>
<tr>
<td>NSU Switchboard</td>
<td>757-368-4150</td>
</tr>
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</table>
The Meyera Oberndorf Learning Commons is a collaborative learning environment providing Virginia Beach students numerous success services.

The Learning Commons Desk: Interlibrary loans, ODU Library book returns, reserve course materials, faculty - student correspondence, ODU student ID cards and use of collaborative study rooms

Enrollment Services: Registration, Financial Aid, Advising and Admissions information and assistance

Testing Services: Testing spaces and Educational Accessibility

Computer Lab: ITS Help Desk: 757-683-3192

Hours of Operation:
Monday, Tuesday, Friday: 8:00 am – 10:00 pm
Extended hours on Wednesday & Thursday: 8:00 am - 12:00 am
Saturday: 8:00 am – 5:00 pm

Testing at ODU Virginia Beach
Testing is scheduled through RegisterBlast on the ODU Testing Center website, odu.edu/testing-center. If you need additional assistance contact Joe Blanchard, Testing Services Coordinator at ODU Virginia Beach. His office is 146 B in the Learning Commons.

Phone: 757-368-4107 Email: jblancha@odu.edu

Virginia Beach Writing Center
The Writing Center (WC), located in the Learning Commons, provides free individual tutorials to students working on writing projects for any course. The Virginia Beach WC tutor, Anna Fogler, coaches and encourages students to achieve independence in the composition and revision of their own work.

Fall 2020 appointments are conducted virtually.

To schedule an appointment:
email: wc-vb@odu.edu
or odu.edu/al/centers/writing-center

Wellness Wave for the Beach
This semester Recreation and Wellness is offering a schedule of virtual classes in Zumba, Yoga and Total Body Tone & Mixxed Fit on various days and times. You need to register for the class in advance with your Midas ID and you will receive an email with the Zoom link and password. Rec and Wellness is also offering weekly workouts on their YouTube page. Now fire up that laptop and tune into the workout when and wherever is convenient for you.

Register for the virtual fitness classes:
recwellportal.odu.edu/

YouTube Workouts:
youtube.com/channel/UCbjxPN9F32LJoxygenG_-aycuQ?
view_as=subscriber

Free and open to all students, faculty and staff

REIGN RESPONSIBLY
Stay informed | Follow guidelines | Care for yourself | Care for others

ODU.EDU/BLUEPRINT
ODU Fall Semester 2020
Important Academic Dates and Deadlines

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Aug 29</td>
<td>Fall classes begin</td>
</tr>
<tr>
<td>Sept 1</td>
<td>Fall semester tuition deadline</td>
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<tr>
<td>Sept 7</td>
<td>Labor Day Holiday (no classes)</td>
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<tr>
<td>Sept 8</td>
<td>Deadline to drop/add classes</td>
</tr>
<tr>
<td>Oct 19-23</td>
<td>Spring/Summer 2021 pre-registration begins</td>
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<tr>
<td>Oct 24</td>
<td>Spring/Summer 2021 open registration begins</td>
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<tr>
<td>Nov 3</td>
<td>Election Day Holiday (no classes)</td>
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<tr>
<td>Nov 26-29</td>
<td>Thanksgiving Holiday (after the break, all classes will be delivered online through Dec 11)</td>
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<tr>
<td>Dec 11</td>
<td>Fall Classes end</td>
</tr>
<tr>
<td>Dec 12</td>
<td>Exams begin</td>
</tr>
<tr>
<td>Dec 18</td>
<td>Exams end</td>
</tr>
<tr>
<td>DEC TBD</td>
<td>Fall 2020 Commencement Exercises</td>
</tr>
<tr>
<td>Dec 21-24</td>
<td>Winter Term (accelerated online classes)</td>
</tr>
<tr>
<td>Dec 24-29</td>
<td>Holiday break (University closed)</td>
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</tbody>
</table>

For specific deadline information visit the Office of the Registrar at odu.edu/academics/calendar.

Spirit Fridays
Show your Monarch Pride! Wear either school colors (blue and silver) or ODU apparel every Friday.
Go Monarchs!

43rd Annual ODU Literary Festival
The annual ODU Literary Festival brings nationally and internationally acclaimed poets and writers to ODU. This fall Grit and Grace highlights the artists and writers “who stand with us in the grit of everyday life, and help us find grace again” as we endure life’s challenges. This year the festival will be presented virtually October 4—8. ODU Virginia Beach is proud to sponsor author Suzanne Strempek Shea at 12:30 pm on Thursday, October 8. Ms. Shea is the author of six novels and three memoirs including Songs From a Lead-Lined Room: Notes—High and Low—From My Journey Through Breast Cancer and Radiation. Her journalism and fiction have appeared in many magazines and newspapers, and her body of work won the 2000 New England Book Award. Ms. Shea directs the creative writing program at Bay Path University, and teaches fiction and nonfiction at the University of Southern Maine’s Stonecoast MFA Program.

For the complete schedule of events and instructions on joining the Literary Festival events and Zoom webinar links, please visit odu.edu/litfest.