2024-2025 Old Dominion University Catalog

Bachelor of Science in Physical Education with a Major in PreK-12 Health and Physical Education w/ VCCS Equivalencies

Sample four year curriculum with a suggested ordering of courses. Students may re-order as needed. * indicates not automatically waived with transferrable associates degree, C or better required for transfer.

Courses in green are waived by the completion of an Associate degree (Not eligible for Applied Associate degrees).

YEAR 1 - FRESHMAN (32-35 CREDITS)					
FALL SEMESTER (16 credits)		SPRING SEMESTER (16 credits)			SUMMER SEMESTER (3 CREDITS)
General Education Courses:	VCCS Equivalency:	General Education Courses:		VCCS Equivalency:	Elective or Language & Culture
ENGL 110C	Transfer Equivalency Guide*	ENGL 211C or 231C		Transfer Equivalency Guide*	(may be waived; see catalog for details)
Nature of Science I (BIOL 117N/118N recommended)	Transfer Equivalency Guide	Nature of Science II (BIOL 121N/	/122N recommended)	Transfer Equivalency Guide	
Information Literacy & Research	Transfer Equivalency Guide	MATH 101M, 102M, 103M or 16	52M	Transfer Equivalency Guide*	
Human Creativity	Transfer Equivalency Guide	Intepreting the Past		Transfer Equivalency Guide	
COMM 101R required	Transfer Equivalency Guide*	Literature		Transfer Equivalency Guide	
YEAR 2 - SOPHOMORE (29 CREDITS)					
FALL SEMESTER (15 credits)		SPRING SEMESTER (14 credits)		SUMMER SEMESTER (3 CREDITS)	
General Education Courses:	VCCS Equivalency:	General Education Courses:		VCCS Equivalency:	Elective or Language & Culture
Philosophy & Ethics	Transfer Equivalency Guide	PSYC 201S required		Transfer Equivalency Guide	(may be waived; see catalog for details)
Major Courses:		Major Courses:			
HPE 200		HPE 222			
HPE 218		HPE 300			
HPE 220		HPE 301W			
BIOL 240 or 250	BIO 141 or 231*	Elective YEAR 3 - JUNIOR (31 CR	FDITS)		
FALL SEMESTER (16 credits) SPRING SEMESTER (15 credits)					
Major Courses:	VCCS Equivalency:	Major Courses:		VCCS Equivalency:	
EXCS 322		TLED 408			
HPE 317		HPE 318			
HPE 400		HPE 324			
HPE 409		HPE 402			
		TLED 430W			
YEAR 4 - SENIOR (28 CREDITS)					
FALL SEMESTER (16 credit	•		SPRING SEMESTER (12 credit	•	
Major Courses:	VCCS Equivalency:	Major Courses:		VCCS Equivalency:	
HPE 404		HPE 485 (12 Credits)			
HPE 406					
HPE 430					
HPE 469					
HPE 480					

Upper Division General Education is satisfied by the required minor in health education included in the program (Option A) and completion of professional education courses (Option C). Teacher candidates seeking a Coaching Education minor will need SMGT/PE 415, SMGT/PE 456, and PE 368 (Coaching Internship). Consult with advisor and University Catalog.

Driver Education Endorsement requires HPE 308 and HPE 309

Requirements for graduation include a minimum cumulative grade point average of 2.75 overall and in the major, a grade of C (2.0) or better in all courses required for the major, including prerequisite courses, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 231C, and a writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment. Assessments prescribed by the Virginia Department of Education are also required for licensure. Please see the catalog for details.