

2024-2025 Old Dominion University Catalog

Bachelor of Science in Health Sciences: Recreational Therapy w/VCCS Equivalencies

*Sample four year curriculum with a suggested ordering of courses. Students may re-order as needed. * indicates not automatically waived with transferrable associates degree, C or better required for transfer. Courses in green are met by the completion of an Associate degree (Not eligible for Applied Associate degrees). AS in Health Science or Science recommended for ease of transfer.*

YEAR 1 - FRESHMAN (32 CREDITS)

FALL SEMESTER (16 credits)		SPRING SEMESTER (16 credits)	
<u>General Education Coursework:</u> *ENGL 110C: English Composition Oral Communication Information Literacy and Research The Nature of Science I Human Creativity	<u>VCCS Equivalency:</u> ENG 111 Transfer Equivalency Guide Transfer Equivalency Guide Transfer Equivalency Guide Transfer Equivalency Guide	<u>General Education Coursework:</u> *ENGL 211C: English Composition II *STAT 130M: Elementary Statistics Interpreting the Past The Nature of Science II Elective (1-3 cr)	<u>VCCS Equivalency:</u> Transfer Equivalency Guide MTH 146, 155, 157, 240, 241, 242, or 245 Transfer Equivalency Guide Transfer Equivalency Guide

YEAR 2 - SOPHOMORE (26-32 CREDITS)

FALL SEMESTER (13-16 credits)		SPRING SEMESTER (13-16 credits)	
<u>General Education Coursework:</u> *PSYC 2015 Literature Language and Culture I (May be waived, see catalog for details) or Elective *BIOL 240 or 250 *Medical Terminology	<u>VCCS Equivalency:</u> PSY 200 or 201* Transfer Equivalency Guide Transfer Equivalency Guide BIO 141 HLT 143 + 144	<u>General Education Coursework:</u> *PSYC 203S *PHIL 345E: Bioethics Language and Culture I (May be waived, see catalog for details) or Elective *BIOL 241 or 251 *Medical Terminology	<u>VCCS Equivalency:</u> PSY 230, 231, 232, 235 or 238, EDU 207* PHI 220 Transfer Equivalency Guide BIO 142 HLT 143 + 144

YEAR 3 - JUNIOR (30 CREDITS)

FALL SEMESTER (15 credits)		SPRING SEMESTER (15 credits)	
<u>Departmental Requirement:</u> *RT 261: Foundations of Recreational Therapy Practice *RT 210: Leisure, Health, and Wellness *HLSC 320: Health Equity and Disability Culture *HMSV 339 or HLSC 335: Interpersonal Relations or Population Health Upper Division/Option D (300/400 level outside COHS)	<u>No VCCS Equivalency:</u>	<u>Departmental Requirement:</u> *RT 290: Professional Preparation in Recreational Therapy *HLSC 390: The U.S. Healthcare Delivery System *RT 430: Assessment, Documentatino, and Evaluation in RT *RT 450: Diagnostic Groups in RT *RT 460: Administration of Recreational Therapy Services	<u>No VCCS Equivalency:</u>

SUMMER SEMESTER (9 credits)

*RT 368: Junior Internship (Required Major Elective) *PSYC 405: Psychopathology Upper Division/Option D (300/400 level outside COHS)	<u>No VCCS Equivalency:</u>
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YEAR 4 - SENIOR (28 CREDITS)

FALL SEMESTER (17 credits)		SPRING SEMESTER (12 credits)	
<u>Departmental Requirement:</u> *RT 366: Internship Preparation *RT 420: Intervention Techniques in Recreational Therapy *RT 470: Recreational Therapy Program Design and Implementation *RT 480W: Evidence-Based Practice and Trends in Recreational Therapy *HLSC 485: Health Informatics *CSD 465 or PSYC 353: Sign Language and Deaf Culture or The Psychology of Adulthood and Aging	<u>No VCCS Equivalency:</u>	<u>Departmental Requirement:</u> *RT 468: Internship	<u>No VCCS Equivalency:</u>

Major Declaration Requirements: Students must complete ENGL 110C (C or higher), RT 261 (C- or higher), PSYC 2015, PSYC 203S, BIOL 240/250 and 241/251 before officially declaring a major in Recreational Therapy. General Education requirements may be in progress but should be completed before enrolling in 400-level RT major courses. Consult an advisor in the ODU Health Sciences Advising Center <http://www.odu.edu/hs/advising>

GRADUATION REQUIREMENTS: Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, a minimum of 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program for Old Dominion University, completion of ENGL 110C and ENGL 211C or 231C, and the writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment.