

Sentara Health Plans

Sentara Health Insurance Company

## **TIPS FOR COMPLETING YOUR ENROLLMENT APPLICATION**

***If you are enrolling your spouse or your children, read this first!***

The following situations require that you provide additional information or documentation so that your spouse or your children up to age 26 can be enrolled in your health plan. Without this information your enrollment and I.D. cards may be delayed.

### **Coordination of Benefits**

Complete Coordination of Benefits Information Page only if you or any of your enrolling family members will have medical coverage in addition to the Sentara Plan (check “Yes” for Section 8 - Additional Coverage).

### **Continuation of Coverage for Children with an intellectual or physical disability:**

Children over age 26 with an intellectual or physical disability may continue to be eligible for coverage. You may contact Member Services for this form or for additional information.

### **Check your application carefully to be sure all birthdays and Social Security numbers are correct.**

Please make sure to include birth dates and Social Security numbers for each person who will be covered under the Plan.

**Clear Form**

## Coordination of Benefits Information Page

\* Please retain a copy of this coordination of benefits page for your records.

Applicant's Name: \_\_\_\_\_ Soc. Sec. #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

NOTE: Complete section 1 and section 3 if you have additional commercial insurance.  
Complete section 2 and section 3 if you have Medicare.

### **SECTION 1 (Commercial Insurance)**

Name of other Health Insurance Company: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Effective Date: \_\_\_\_\_

Employer: \_\_\_\_\_

Group Number: \_\_\_\_\_

Policyholder's Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

List family members covered by this insurance: \_\_\_\_\_

### **SECTION 2 (Medicare Information)**

Applicant: \_\_\_\_\_ Claim#: \_\_\_\_\_

Hospital Insurance (Part A) Effective Date: \_\_\_\_\_

Hospital Insurance (Part B) Effective Date: \_\_\_\_\_

Are you retired: Yes  No  Retirement date: \_\_\_\_\_

Spouse: \_\_\_\_\_ Claim#: \_\_\_\_\_

Domestic Partner: \_\_\_\_\_ Claim#: \_\_\_\_\_

Hospital Insurance (Part A) Effective Date: \_\_\_\_\_

Hospital Insurance (Part B) Effective Date: \_\_\_\_\_

Is your spouse retired: Yes  No  Retirement date: \_\_\_\_\_

Is your Domestic Partner retired: Yes  No  Retirement date: \_\_\_\_\_

### **SECTION 3**

I hereby certify that except as reported above, no service or payments are provided or are recoverable through any other group health insurance or group health service plan.

**Date:** \_\_\_\_\_

## Sentara Health Plans and Sentara Health Insurance Company Large Group (Combined) Enrollment Application

**IMPORTANT:** Incomplete information will delay enrollment. Please use a ball point pen, press firmly and print clearly.

**Section 4** To be completed by employer Group No. \_\_\_\_\_ Sub Group No. \_\_\_\_\_

- NEW   
  Open Enrollment   
  Continuation of Coverage   
  C.O.B.R.A.   
  PCP or Address Change  
 Cancel All   
  Add Spouse, Dependent   
  Cancel Spouse, Dependent   
  Reinstatement

Employer Name		Effective/Termination Date	

**Section 5**

Sentara Health Plans Selection: <small>HMO/POS Products Underwritten by Sentara Health Plans</small>			Sentara Health Insurance Company Plan Selection: <small>PPO Products Underwritten by Sentara Health Insurance Company</small>	
<input type="checkbox"/> Vantage (HMO)	<input type="checkbox"/> POS	<input type="checkbox"/> Vantage POSA	<input type="checkbox"/> Plus (PPO)	
<input type="checkbox"/> Vantage Equity (HMO)	<input type="checkbox"/> POS Equity	<input type="checkbox"/> POSA Equity	<input type="checkbox"/> Plus Equity (PPO)	
<input type="checkbox"/> Vantage Design (HMO)	<input type="checkbox"/> POS Design	<input type="checkbox"/> POSA Design	<input type="checkbox"/> Plus Design (PPO)	

Enter Plan Name: \_\_\_\_\_

**Section 6** TO BE COMPLETED BY EMPLOYEE- (PLEASE PRINT LEGAL NAME)

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Init. \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_ Primary Care Physician & ID #: Dr. \_\_\_\_\_ Current Patient?  
**MO/DAY/YR**

Address: \_\_\_\_\_ Primary Language: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Primary Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Secondary Phone: ( \_\_\_\_\_ ) \_\_\_\_\_  
 Mobile     Home     Work                     
  Mobile     Home     Work

**Section 7** → **NOTE: Complete this section only if you have selected an Equity plan in Section 5**

**Health Savings Account (HSA) Administration-** If you have chosen the Equity HSA eligible high deductible plan offered through your employer, you are eligible to establish a Health Savings Account (HSA). HealthEquity is Sentara's preferred vendor for HSA account administration.

**Do you want to establish a HSA account?** Effective Date: \_\_\_\_\_

Yes, please DO establish or continue my existing health savings account for me with HealthEquity.

No, please DO NOT establish a health savings account for me with HealthEquity.

**Section 8 Additional Coverage- REQUIRED INFORMATION TO BE COMPLETED BY EMPLOYEE FOR ALL PERSONS LISTED BELOW.**

Will any of the persons listed below have any other medical health insurance in addition to Sentara when this coverage takes effect?

Yes  No

If Yes, please complete Sections 1, 2, and 3 on the Coordination of Benefits form attached. If you have other health coverage and have elected a Health Savings Account (HSA), consult your tax advisor on your eligibility for contributing to an HSA.

**Section 9 Communications-** Please check the boxes below for your preference in receiving communications from Sentara.

**Go Paperless! Consent to Receive Electronic Communications**

Please enter your email address to enroll in our Paperless Program. By enrolling, you consent to receive electronic communications from Sentara. This includes email communications and notice that copies of your electronic policy documents, explanation of benefits (EOBs) and other plan notices are available through your secure online Sentara Member Portal ([www.Sentarahealth.com/members](http://www.Sentarahealth.com/members)) or the Sentara Mobile App instead of paper documents through personal delivery or the U.S. Mail. You do not have to enroll in our paperless program to enroll in the health plan.

**Email Address:** \_\_\_\_\_

By providing your email address above, you agree to accept electronic communications at that email address notifying you of important health plan information, including but not limited to, the Certificate of Insurance, Evidence of Coverage, Explanation of Benefits (EOBs), plan updates, and Uniform Summary of Benefits documents. You may revoke your consent to receive electronic communications or request a paper copy of any documents at any time.

**Phone Notifications and Consent:**

**Phone Number:** \_\_\_\_\_

By providing your phone number above you consent to allow Sentara and its representatives to contact you at that number, or any phone number you have provided to us on this application including mobile phone numbers. You understand that you are not required to agree and agreeing is not a condition of being a Sentara member or receiving health care. If you are not the subscriber to the phone number you provided, then you agree that you have obtained the subscriber's consent to receive these communications.

Communications directed to these phone numbers may be conducted using automated dialing/delivery devices, direct dial, text message, SMS or RCS messages, ringless voicemail, push notifications, and prerecorded or artificial voices. These communications may include, but may not be limited to, surveys, marketing messages to promote products and services provided by Sentara, reminders to renew before your plan expires, information regarding medication, wellness, preventive care, health plan enrollment, communication preferences, payment, and other information Sentara or its representatives believe may interest or be relevant to you. Content contained within these communications, which may include health information, will not be encrypted. Sentara will not charge you for these communications. Carrier message and data rates may apply. You may revoke your consent at any time. To opt out of phone calls, contact Sentara at 1-800-741-9910. To opt out of text messages, text STOP to short code 59270 or call 1-800-741-9910.

**Section 10** Please list below all dependents to be covered by the enrollment application.

(not needed for Plus (PPO) plans)

Social Security No.		Last Name	First Name, MI	Date of Birth MO/DAY/YR	M/ F	Primary Care Physician & ID #	Current Patient
	SPOUSE			/ /		DR.	
	DOMESTIC PARTNER			/ /		DR.	
	CHILD			/ /		DR.	
	CHILD			/ /		DR.	
	CHILD			/ /		DR.	
	CHILD			/ /		DR.	

IF ADDING TO POLICY, DATE OF QUALIFYING EVENT (BIRTH, MARRIAGE, ETC.) \_\_\_\_\_

I am applying for Sentara coverage for myself and the family members listed. I agree that once enrolled I and my family members will abide by the provisions of coverage in the Group Contract and Evidence of Coverage or Certificate of Insurance under which we will be enrolled. Sentara is the trade name for several different companies including Sentara Health Plans and Sentara Health Insurance Company.

I understand that misrepresentation in answering questions on this application or non-payment of premiums may result in loss of coverage under the Group Health Plan.

I understand that Sentara may receive and collect personal information from persons other than me. The collected personal or privileged information may be disclosed to third parties without authorization. I understand that I have a right to access and correct all personal information collected about me. I understand that I will receive upon request Sentara's complete notice of information collection and disclosure practices.

I authorize any physician, hospital, pharmacy, or other provider of health services or supplies, to disclose to Sentara medical and other information related to eligibility for coverage or a claim for benefits relating to the individuals specified on this application. This authorization shall extend to representatives of Sentara as needed to fulfill the purposes of the disclosure. I also give Sentara the right to receive from, and release information to, other insurance companies as needed to administer coordination of benefits (COB) provisions under the Group Policy or Group Agreement.

I understand that Sentara, upon receiving information, may use it to evaluate eligibility for coverage, a claim for benefits, a request for change in policy benefits, or administer COB. This Authorization shall not extend to the disclosure of a provider's notes taken during psychotherapy sessions that are maintained separately from the rest of the provider's medical record.

Any information received by Sentara pursuant to this application is subject to restrictions on disclosure to others as set forth under state and Federal laws. I understand that there is a possibility of redisclosure of any information disclosed pursuant to this Authorization and that information, once disclosed, may no longer be protected by federal rules governing privacy and confidentiality.

I understand and agree that no benefits shall take effect until this application is received and processed by Sentara and a Sentara ID card with an effective date of coverage has been provided.

I understand that it is my responsibility to report and verify to Sentara any change in the eligibility of myself or my covered family members. If requested, I agree to supply acceptable documentation. I also understand that I am obligated to pay applicable copayments, coinsurance or deductibles at the time services are rendered.

I certify that I have maintained a copy of this completed application for my records. I understand that this application shall become a part of the Group Contract. I further understand that I or my authorized representative may receive a copy of this application upon request. I agree that a photographic copy of this authorization shall be as valid as the original.

I understand that, for the purpose of collecting information in connection with this application, this authorization is valid for 30 months from the date of my signature, and for the purpose of collecting information in connection with a claim for benefits, this authorization is valid for the term of coverage of the policy.

Signature of Applicant \_\_\_\_\_ Date \_\_\_\_\_

Benefit Administrator \_\_\_\_\_ Date \_\_\_\_\_