# **DCEPS Faculty Mentoring Info and Resources**

# **Mentoring Info and Resources**

Excerpted from Kerry Ann Rockquemore, PhD, Founder, National Center for Faculty Development & Diversity

### #1: Ask yourself, "What sort of mentoring do I need?"

### Professional Development

Many new faculty are looking for help learning how to manage time, resolve conflicts, administer projects, organize your office space, teach efficiently and well, supervise graduate students, and make strategic decisions about service commitments.

### Emotional Support

As a new faculty member, you are in the midst of a significant identity and role transition -- from graduate student (or post-doc) to professor. As a result, you may need support in dealing with the common stress and pressures of transitioning to life on the tenure track.

### A Sense Of Community

Given that most new tenure-track faculty have uprooted their lives to move to a new area, you may find yourself seeking both an intellectual and/or social community where you feel a true sense of belonging.

### Accountability

The structure of your job likely provides the least accountability for the activity that is most valued -- research, writing, and publication. In order to avoid getting caught up in the daily chaos, the vast majority of new faculty members need some form of accountability system for writing.

## Institutional Sponsorship

You also need to cultivate relationships with people who are invested in your success at your institution. By that, I mean senior faculty who are willing to use their power to advocate for your best interests behind closed doors.

#### Access To Networks

Because knowledge isn't produced in isolation, it's critical for you to connect with others to discuss potential research collaborations, navigate external funding, and access opportunity structures that might not be immediately apparent to you as a new faculty member.

### Project Specific Feedback

You will also need to regularly communicate with people who can provide substantive comments on your proposals, manuscript drafts, and new ideas.

#### Role Models

As a new faculty member, looking to other faculty members who are navigating the academy in a way that you aspire to will be critical for your development as both a faculty member and academic.

### Safe Space

This applies at any career stage, but especially as a tenure-track faculty member. It's extremely important to have the space to discuss and process unique and individual experiences without being invalidated, questioned, devalued and/or disrespected.

Having this wide variety of needs is perfectly normal anytime you transition from one status to another in your academic career whether it's as a graduate student to faculty member, pre-tenure to post-tenure, and/or faculty member to administrator. And it's literally impossible (and in my opinion, dangerously unhealthy) to have all these needs met by one person in your department. it's normal to have an evolving set of needs throughout your career and that those needs are most effectively, efficiently, and comprehensively met in the context of a broad network of information, community, support, accountability, and ongoing feedback.

# Mentoring Services Provided by the DCEPS and ODU

# #2: Ask yourself, "How can I get my mentoring needs met?"

### DCEPS Mentoring Handbook

(https://www.odu.edu/content/dam/odu/col-dept/education/docs/dcoe-mentoring-handbook.pdf)

### Faculty Mentoring Events

Note: Updates sent by Associate Dean of Research annually.

#### New and tenure track faculty series:

Topic	Speaker	Date/ Time: 12:20 p.m-1:20 p.m
Teaching Portfolio	Dr. Mickey Kosloski	September 19th, 2024
Annual Evaluation	Dr. Xihe Zhu	October 17th, 2024
Strategic Grant Seeking	Ms. Jackie Stein	November 21st, 2024
Lecturers and the Path for Success	Dr. Elizabeth Burns	January 23rd, 2025
Successful Work Skills for Productivity	Dr. Mark Rehfuss	February 20th, 2025
Mental Health Wellness/Balance	Drs. Emily Goodman- Scott, Angela Eckhoff and Shuntay Tarver	March 20th, 2025
Lunch with Dean Dice	Dean Tammi Dice	April 17th, 2025 LRC

**Team Tenure Meetings:** (peer group to support tenure track faculty). Advertised throughout the year.

### **Last Monday Writing Days:**

Monthly writing days to include light breakfast, research presentation, time for writing, lunch and research discussion, more time for writing, social event to end day. Invitations and announcements sent prior to each event by the Associate Dean of Faculty Affairs and Research.

Date	Schedule	
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September 30th, 2024  October 28th, 2024	9:00-9:30 AM: Presentation (& light breakfast) – (EDUC 3306) Dr. Mark Rehfuss: Successful Work Skills and Productivity 9:30 AM-12 Noon: Writing Session I (in your office/space) 12:00-12:30 PM: Lunch – (EDUC 3306) 12:30-3:30 PM: Writing Session II (in your office/space) 3:30-4:00 PM: Afternoon social – (EDUC 3306)  9:00-9:30 AM: Presentation (& light breakfast) – (EDUC 3306) Dr.Justin Haegele: Efficiency in Grant and Manuscript Writing
	9:30 AM-12 Noon: Writing Session I (in your office/space) 12:00-12:30 PM: Lunch – (EDUC 3306) 12:30-3:30 PM: Writing Session II (in your office/space) 3:30-4:00 PM: Afternoon social – (EDUC 3306)
November 25th, 2024	9:00-9:30 AM: Presentation (& light breakfast) – (EDUC 3306) Dr. Brett Cook: DEI Efforts and Student Retention 9:30 AM-12 Noon: Writing Session I (in your office/space) 12:00-12:30 PM: Lunch – (EDUC 3306) 12:30-3:30 PM: Writing Session II (in your office/space) 3:30-4:00 PM: Afternoon social – (EDUC 3306)
January 27th, 2025	9:00-9:30 AM: Presentation (& light breakfast) – (EDUC 3306) Dr. Shana Pribesh: Writing Mantras 9:30 AM-12 Noon: Writing Session I (in your office/space) 12:00-12:30 PM: Lunch – (EDUC 3306) 12:30-3:30 PM: Writing Session II (in your office/space) 3:30-4:00 PM: Afternoon social – (EDUC 3306)
February 24th, 2025	9:00-9:30 AM: Presentation (& light breakfast) – (EDUC 3306) Dr. Tony Perez: Tips for Successful Manuscript Writing 9:30 AM-12 Noon: Writing Session I (in your office/space) 12:00-12:30 PM: Lunch – (EDUC 3306) 12:30-3:30 PM: Writing Session II (in your office/space) 3:30-4:00 PM: Afternoon social – (EDUC 3306)
March 31st, 2025	9:00-9:30 AM: Presentation (& light breakfast) – (EDUC 3306) Dr. Petros Katsioloudis: End of the Year Reflection 9:30 AM-12 Noon: Writing Session I (in your office/space) 12:00-12:30 PM: Lunch – (EDUC 3306) 12:30-3:30 PM: Writing Session II (in your office/space) 3:30-4:00 PM: Afternoon social – (EDUC 3306)

**Brown Bag Lunch Presentations**: Advertised throughout the year

• Support and resources from the Center for Faculty Development

### (https://www.odu.edu/facultydevelopment)

• Junior Faculty Research Mentoring Program (https://www.odu.edu/facultystaff/research/funding/opportunities/intramural-funding)

• Office of Research- Grant proposal support (https://fs25.formsite.com/researchdev/form70/index.html)

#### Faculty organizations

Women's Caucus
Coalition of Black Faculty and
Administrators Asian Caucus
Hispanic and Latino Employee Association
LGBTQIA Faculty/Staff Caucus
Employees with Disabilities

- ODU Counseling Services (five free sessions through EAP)
- · Networking and trainings at conferences hosted by professional organizations
- Your colleagues! Both formal and informal mentoring opportunities