
Monday Matters: Counseling Information - Red Folders

From Dodge, Gail <gdodge@odu.edu>
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Cc Whitfield, Tiffany L. <tlwhitfi@odu.edu>

Dear Colleagues

I hope everyone had a fun and relaxing Thanksgiving weekend!

Party season is upon us - I want to remind you about the **College of Sciences holiday party** on Friday Dec. 6 from 12 – 2 pm in the Big Blue Room.

I recently heard a presentation on the many services offered by [the ODU Office of Counseling Services](#). There is a lot of helpful information on their website, including information on helping others. The **Red Folder Campaign** gives concise information about how we can recognize signs of distress in our students and colleagues and how to talk to them and refer them for help. Every department has hopefully now received a shipment of the Red Folder Campaign folders that are a handy desk reference for those that prefer a hard copy. More copies of these folders will be ordered, so please let your department know if more copies are needed.

Best Regards,
Gail

Upcoming Events and Deadlines:

Dec. 2: Proposal deadline for Summer Research Fellowship Program (SRFP) application

Dec. 6, 12 – 2 pm: COS Holiday Party (Big Blue Room)

Dec. 14: Proposal deadline for ONR Summer Faculty Research Program – see attached

Dec. 31: Last day for the [CVC Campaign](#); the deadline for payroll deduction is Dec. 13

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