

2022-2023 Old Dominion University Catalog
Bachelor of Science in Exercise Science - Preventive/Rehabilitative w/ VCCS Equivalencies

Sample four year curriculum with a suggested ordering of courses. Students may re-order as needed.

** indicates not automatically waived with transferrable associates degree, C or better required for transfer. Courses in green are waived by the completion of an Associate degree (Not eligible for Applied Associate degrees).*

YEAR 1 - FRESHMAN (36 CREDITS)					
FALL SEMESTER (16 credits)	VCCS Equivalencies:	General Education Courses:	SPRING SEMESTER (16 credits)	VCCS Equivalencies:	SUMMER SEMESTER
<u>General Education Courses:</u> ENGL 110C MATH 102M, 103M or 162M Oral Communication Human Behavior Nature of Science: Biol 121N/122N (4 credits)	ENG 111* Transfer Guide* Transfer Guide Transfer Guide BIO 101*	Literature Nature of Science: Biol 123N/124N (4 credits) Interpreting the Past Information Literacy & Research <u>Major Course:</u> EXSC 225	BIO 102* Transfer Guide Transfer Guide		BIOL 240 or 250 (4 credits) BIO 141 or 231* at VCCS
YEAR 2 - SOPHOMORE (30 CREDITS)					
FALL SEMESTER (13 credits)	VCCS Equivalencies:	General Education Courses:	SPRING SEMESTER (13 credits)	VCCS Equivalencies:	SUMMER SEMESTER
<u>General Education Courses:</u> ENGL 211C, 221C or 231C CHEM 121N/122N (4 credits) Minor or Elective or Language & Culture (May be waived; see catalog for details) <u>Major Courses:</u> EXSC 250	ENG 112, 210, 115, or 131* CHM 111* Transfer Guide	CHEM 123N/124N (4 credits) Philosophy & Ethics Language & Culture (May be waived; see catalog for details) <u>Major Courses:</u> EXSC 240 Minor/Elective**	CHM 112* Transfer Guide Transfer Guide		BIOL 241 or 251 (4 credits) BIO 142 or 232* at VCCS
YEAR 3 - JUNIOR (27 CREDITS)					
FALL SEMESTER (12 credits)	VCCS Equivalencies:	Major Courses:	SPRING SEMESTER (15 credits)	VCCS Equivalencies:	SUMMER SEMESTER
<u>Major Courses:</u> Human Creativity EXSC 322 EXSC 326 Minor or Upper Division General Education**	Transfer Guide	PHYS 111N (4 credits) EXSC 327 EXSC 415 EXSC 366 (1 credit) Minor or Upper Division General Education**		PHY 111, 112 or 201*	
YEAR 4 - SENIOR (27 CREDITS)					
FALL SEMESTER (15 credits)	VCCS Equivalencies:	Major Courses:	SPRING SEMESTER (12 credits)	VCCS Equivalencies:	SUMMER SEMESTER
<u>Major Courses:</u> EXSC 428 EXSC 431W EXSC 408 EXSC 417 (4 credits-Satisfies Impact of Technology)		EXSC 368 (12 credits)			

**Consult catalog and advisor.

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C or 231C, and a writing intensive (W) course in the major with a grade of C (2.0) or better, and completion of Senior Assessment.