

College of Health Sciences Newsletter

Volume 5, Issue 6

January 2016


OLD DOMINION
UNIVERSITY
I D E A F U S I O N

College of
Health Sciences

30
1986-2016

Back to Class in 2016



Help us Celebrate the College's 30th Birthday!

Old Dominion University College of Health Sciences is turning 30 this year! We invite you to join the celebration by sharing your story. As a student, alumnus, faculty member, donor, board member, friend and/or all of the above, please send an email to iharrell@odu.edu to share your special moments in or outside of the classroom, photos or memories of the College of Health Sciences and help us celebrate this special occasion.

Dean's Message: From the Associate Dean of Education

New Year holds opportunities, historic celebration

We have officially entered 2016 and if you are like many people you began the year with a resolution. The top 10 New Year's Resolutions are:

- Spend More Time with family
- Eat Healthy Food
- Exercise Regularly, Get Fit
- Lose Weight
- Quit Smoking
- Manage Debt & Save More Money
- Drinking Less Alcohol
- Accomplish Your Goals
- Manage Stress & Enjoy Life
- Volunteer to Help Others



Richardean Benjamin,
Associate Dean

On review of the above list eight of the 10 are health-related. As someone affiliated with the College of Health Sciences perhaps you might want to consider other areas to improve. For example, 2016 marks the anniversary year of the establishment of the College of Health Sciences. We look forward to countless opportunities to acknowledge the successes and achievements of programs and individuals since our beginning.

We know you are looking forward to walking down memory lane as we journey and will resolve to assist us in telling our story.

In addition to improving your health and the health of others consider the following:

- Reach out to friends of the College
- Support upcoming events
- Explore volunteer opportunities
- Offer a financial contribution

Because we want to maintain the health of the College, let's work together to continue our legacy for another 30 years.

Happy New Year,

Richardean Benjamin, RN, MPH, Ph.D.

Table of Contents	
Dean's message	2
From the Editor	3
Program ranking	3
IPE emphasis	4
Study abroad opportunity	5
Cervical health	6
Visiting scholar	6
Calendar	7

From the Editor

Teaching a collaborative future

Continuity of care is critical in the world we live in. And what better way to ensure that such care happens than to teach it. At the College of Health Sciences faculty retreat this month, Assistant Dean Kimberly Adams Tufts drove that point home with a presentation and exercise focusing on Interprofessional Education.

For many years the health care field and its many disciplines have operated in silos, leaving the patient feeling shuffled hither and thither without a united game plan for treatment. From a patient standpoint such a scenario could leave them feeling like cattle being herded along while individual health care professionals take their cut.

One of the key objectives of the College of Health Sciences is to eliminate these silos by exploring innovative ways for each discipline to collaborate. And it starts with the student. The college is working on developing more effective approaches to teach the core competencies of interprofessional education collaboration: values and ethics for interprofessional practice, roles and responsibilities, interprofessional communication, and teams and teamwork. This will take commitment and dedication, but the end result will be one that will greatly benefit our world in the future.

Imagine a world where your dentist, dental hygienist, primary care physician, nurse, physical therapist and other health care providers were part of a united front concerned with the big picture when it came to your personal health. That is the world we're working on creating. And it's quite exciting!



Irvin B. Harrell,
Coordinator of Strategy
& Marketing

SCHOOL OF NURSING

Online program moves up in U.S. News rankings

The online program of Old Dominion University's School of Nursing ranked 31st this year in a U.S. News & World Report survey.

U.S. News weighs student engagement, faculty credentials and training, peer reputation, student services and technology, and admissions selectivity to arrive at its rankings. More than 100 schools were surveyed. The School of Nursing's ranking climbed from 39th in 2015.

U.S. News defines an online program as one "for which all the required nonclinical coursework for program completion is able to be completed via distance education courses that incorporate Internet-based learning technologies. Distance education courses are courses that deliver instruction to students who are separated from the instructor and support regular and substantive interaction between the students and the instructor synchronously or asynchronously."

Old Dominion University has been offering online bachelor's degree programs since 2003-2004. The majority of its online classes are recorded and archived so students can access lecture material at their own convenience. ODU is accredited by the Southern Association of Colleges and Schools (SACS).

IPE CORNER

Faculty kicks off 2016 with IPE in mind

Interprofessional education is on the move! This month 66 full-time and adjunct faculty members participated the Spring 2016 faculty retreat. The purpose of the retreat was to build faculty capacity for engaging in IPE. Faculty contributed to fun, interactivity and the creative spirit of the retreat. The focus of the retreat was introduced with the video “What is Interprofessional Education and Why Do We Do It?” created by the University of Arizona.

Faculty members Drs. Christianne Fowler, Tina Haney, and Johanna Hoch implemented their award-winning faculty development proposal. They provided us with a compelling structure for learning about and creating IPE student learning activities. Using the documentary “Remote Area Medical,” they illustrated the benefits of interprofessional collaborative practice (ICP) and of preparing students for such practice by using IPE principles, methods, and competencies in our various curricula.

The faculty then worked in small groups to discuss potential avenues for integrating IPE in the College of Health Sciences curricula. Many exciting ideas were proposed such as creating IPE student teams to provide physicals to ODU student athletes; using standardized patients as platforms for teaching; implementing core IPE courses such as community, ethics, policy and research; creating IPE student learning communities starting with freshman and continuing through graduate health professions education; establishing an extracurricular IPE student organization; and creating the structure for providing and evaluating all IPE student learning activities.

The new ODU IPE video featuring COHS faculty and students that highlights IPEC competency #2 Roles and Responsibilities was introduced. The video will be available on the COHS IPE website. Students can view this video in preparation for the 2nd Annual IPE Day in April.

We have lot's to look forward to as faculty, staff, and students work together to create a culture of interprofessional education and practice during the next five years. One such opportunity is the Feb. 24 cross-institutional event. Dr. Tina Brashers, a University of Virginia professor of nursing and attending physician in internal medicine, will present “The Role of Interprofessional Team Training in Providing Effective Collaborative Care.” Dr. Brashers is the founder and co-director of the University of Virginia Center for Academic Strategic Partnerships for Inter-professional Research and Education (Center for ASPIRE), which provides leadership and over-sight to numerous IPE experiences for students, clinicians, and faculty at all levels of training. This is a grand opportunity for networking for purposes of leveraging our respective efforts regarding IPE. Dr. Rebecca Poston is taking the lead. She can be contacted at RDeal@odu.edu.

We roar with IPE at ODU!



Caught on film

From left, Grant Hessberger DPT3; Cheresa Wiggins DPT3; Dr. Elizabeth Locke, director of clinical education; and Christin-Joi Tlongco DPT3 recently participated in a video production for Lake Taylor Transitional Care Hospital Foundation.

CENTER FOR GLOBAL HEALTH

Program promotes study abroad in Brazil

Old Dominion University established a memorandum of understanding with the University of Fortaleza in Brazil (UNIFOR) to create collaboration opportunities for students and faculty in both countries.

UNIFOR has already sent Brazilian students to ODU to engage in educational activities. In an effort to promote interprofessional education through service learning, the ODU Center for Global Health, with the support of the Study Abroad Office, will send students to Brazil to engage in collaborative community health projects. Specifically, the objective of this program is to facilitate an interactive and interprofessional service learning environment where students from ODU and UNIFOR can work together and under the guidance of faculty from both universities to improve the management of solid waste, nutrition, and HIV/AIDS awareness within the Dende community of Fortaleza, Brazil.



The coastline of Fortaleza, Brazil.

Additionally, this service learning course will introduce both undergraduate and graduate students of all disciplines to the political, social, cultural, and ethical issues involved in disease prevention and health promotion globally. Examples of specific course participation activities include asynchronous discussion forums, posting of critical thought questions or reaction points, writing a daily diary to process and document reflections, preparing project proposals, giving oral presentations, and participating in the onsite projects that are informed by local needs and input.

This course will begin in early May but the service learning component will take place in Brazil from May 20 to May 28. Students will travel to Fortaleza, Brazil, and gain real world experience building on what they have learned pre-trip about the health related-incidence/prevalence statistics, morbidity/mortality trends, and identified public health problems in the Dende community.

The program cost is \$2,700 with a scholarship. Cost includes: Roundtrip airfare from Norfolk, airport transfers, visas, accommodations, most meals, health insurance, study abroad fees, all in-country transportation and entrance fees. Currently, there are still scholarship opportunities for interested students. The deadline to apply is Feb. 5. For more information go to: https://odu.studioabroad.com/index.cfm?FuseAction=Programs.ViewProgram&Program_ID=11580

SCHOOL OF DENTAL HYGIENE

Faculty, grad students appear in professional publications

Old Dominion University faculty and graduate students were recently featured in two dental hygiene professional publications: *Access* and *Dimensions of Dental Hygiene*.

Emily Ludwig and Jessica Suedbeck completed an internship with the American Dental Hygienists' Association at the Chicago headquarters. An article recounting the experience was published in ADHA's *Access*.

Ann Bruhn, Tara Newcomb and Lynn Tolle's article "*Ensuring Safe Practice in Dental Radiology*" was published in *Dimensions of Dental Hygiene*. Professor Tolle was selected and featured in *Dimensions* as one of the "6 Dental Hygienists You Want To Know" for her contributions to academia.

STUDENT PERSPECTIVE

Cervical health takes center stage

By Angelica Walker

The American Sexual Health Association (ASHA) and the National Cervical Cancer Coalition (NCCC) along with other organizations and supporters have designated January as Cervical Health Awareness Month. January is dedicated to raising awareness about the human papilloma virus (HPV) and cervical cancer and encouraging women to be screened and receive HPV vaccinations.

Cervical cancer was once the leading common cause of cancer death in American women. Cervical cancer death rates have decreased by more than 50 percent over the past 30 years, according to the American Cancer Society (ACS). Screenings have been one of the keys to the decline.

Promoting regular screenings has transformed a once common, deadly disease for women into a highly preventable and treatable cancer. The screenings catch changes in the cervix and also recognize cancerous cells. Another prevention method is vaccination against HPV. The NCCC recommends that both males and females become vaccinated up to the age 26.

About 79 million Americans have HPV, many of which don't know they are infected, according to U.S. Department of Health and Human Services. Becoming diagnosed with HPV can be scary, but it's important to know the facts.

- HPV is a common infection that affects millions each year.
- HPV can go undetected from weeks to years after exposure.
- While many HPV infections can naturally clear the body over time, getting vaccinated can prevent becoming infected with high risk types that lead to cervical cancer or low risk types that lead to genital warts.
- Even though there is no treatment for HPV itself, there are plenty of options and procedures for illnesses caused by the virus.



Angelica Walker

COMMUNITY AND ENVIRONMENTAL HEALTH

Associate professor receives visiting scholar honor

Dr. Robert Cramer, associate professor at the School of Community and Environmental Health, was recently awarded a role as a visiting scholar in the United Kingdom through the University of Central Lancashire's (UCL) Distinguished Visitor Programme (DVP).

The DVP award is funded by the University of Central Lancashire, where Dr. Cramer is partnering with psychology professor Dr. Jane L. Ireland and other research staff. Drs. Cramer and Ireland have designed a needs assessment project to evaluate current suicide prevention-related attitudes, knowledge and competencies among behavioral health staff in three high-secure forensic hospitals in the United Kingdom.

Dr. Cramer's primary collaborative work, which also includes several lectures, will be in collaboration with the Ashworth Research Centre, an applied forensic and clinical research unit of the university based in Mersey Care NHS Trust. Drs. Cramer and Ireland will build the infrastructure for the study over spring 2016, with Dr. Cramer serving as visiting faculty at UCL during a portion of the summer when the study will take place. The two plan this project as a first step in subsequent suicide assessment and prevention training moving forward.



Dr. Robert Cramer

Upcoming Events

January

- Jan. 18 Martin Luther King Holiday - University Closed
- Jan. 29 6th Annual Slippers and Cider, Dean's Office, 9:30-11 a.m.

February

- Feb. 6 4th Annual Emswiller Interprofessional Symposium, 8:30 a.m.-3 p.m.,
Lewis Ginter Botanical Garden, Henrico, Va.
- Feb. 24 4-VA IPE Event, 1:30-3:30 p.m., Gronto
- Feb. 19-21 Winter Continuing Education Weekend, Oceanfront Sheraton, Virginia Beach
- Feb. 20 Dental Hygiene Alumni Reception, afternoon, Oceanfront Sheraton, Virginia Beach

March

- March 1 Program Directors Luncheon, 12:00-1:00 p.m.
Location: HS Computer Lab, HS 3014
- March 9-14 Students Spring Break

April

- April 6 IPE Day, 1-4 p.m., Ted Constant Center
- April 11 Military Appreciation Luncheon, 12:00-1:00 p.m., Location: TBD
- April 27 College Awards Luncheon, 11:30 a.m., Ted Constant Center
- April 28 Spring Classes End
- April 30 Exams Begin

May

- May 7 Exams End
- May 6-7 Spring Commencement, Ted Constant Center