

In Ignotis “Into the Unknown”



Message from the Chair

I am delighted to extend a warm welcome to our new residents and fellows! We are thrilled to have you on board and look forward to a productive and transformative academic journey together.

I am excited to announce the upcoming Clinical Research Bootcamp (8/26/2023), designed for medical students, residents, and interested faculty. This Bootcamp aims to equip you with essential research skills and knowledge to excel in the world of clinical research. Stay tuned for further details!

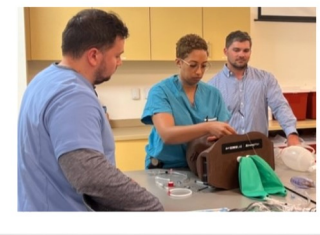
As we continue to foster a culture of research excellence, I encourage all faculty members to share their latest publications, poster presentations, or accepted abstracts with us. Your valuable contributions drive our progress and impact, and we are eager to showcase and support your work.

Stay connected with us! Follow us on social media to stay updated on the latest news, events, and opportunities in our research community. Let's build a strong network and inspire each other through our shared passion for research and innovation.



Peer-reviewed Publications

1. Bartholmae M, Sill JM, Karpov MV, Dodani S. The Association Between Depression, Anxiety and COVID-19 Symptoms. *J Ment Health Clin Psychol* 2023;7: 1-8.
2. Yousufuddin M, Barkoudah E, Qayyum R. Intensive Systolic Blood Pressure Lowering Strategy in Adults With Hypertension: Is Lower Still Better? *American Journal of Hypertension*. Published ahead of print 28 June 2023.
3. Johnston M, Moen S, Gentlesk P, Vashisht R, Qiao X. COVID-19–Mediated Electrical Storm Managed With Milrinone in a Vaccinated Patient. *Annals of Internal Medicine: Clinical Cases*. 2023;2:e220820.
4. Noreña JA, Joshi M, Rawla MS, Jenkins E, Siraj ES. Stress-induced severe transient hypercortisolism with reversible bilateral adrenal enlargement after cardiogenic shock. *Endocrinology, Diabetes & Metabolism Case Reports*. 2023;2023:22-0329 .
5. Yoo BS, Patel A, Houston KV, Vargas A, Vilela Sangay AR, D’Souza SM, Johnson D. The impact of COVID-19 pandemic on diagnosis and management of gastrointestinal cancers. *Explor Med*. 2023;4:356–362.
6. Houston K, Patel A, Saadeh M, Vargas A, D’Souza SM, Soo Yoo B, Johnson D. Gastroesophageal Reflux Disease: A Potentially Infectious Disease? *J Clin Transl Gastroenterol*. Accepted for Publication on 20 June 2023.



Abstracts, Posters, & Presentations

1. Lieb D. Management of Individuals with Diabetes at High Risk for Hypoglycemia: An Endocrine Society Clinical Practice Guideline. (Symposium Presentation at Endocrine Society 2023)
2. Mohan N, Shah M. A Delicate Balance. (Presented at Endocrine Society 2023)
3. Okigbo C. Appetite response to short-term energy restriction in young healthy women. (Presented at Endocrine Society 2023)
4. Okigbo C. Metabolic hormone- and energy-related-factors are associated with the pulsatile LH secretion response to short-term energy restriction in healthy women. (Presented at Endocrine Society 2023)
5. Allawi SA, Osman R. A Case of 46,XX Gonadal Dysgenesis With Mayer-Rokitansky-Küster-Hauser Syndrome and Primary Hypothyroidism. (Presented at Endocrine Society 2023)
6. Casellini CA, Parson H, Cushman C, Ingram AM, Sears T, Pettaway J, Siraj ES. 492-P Utility of Measures of Nerve Fiber Function and Structure for the Diagnosis of Diabetic Peripheral Neuropathy. (Presented at American Diabetes Association 2023)
7. Sun S, Servos M, Lieb D, Bak M, Mark J. Establishment of Interdisciplinary Hands-on Didactics for Thyroid and Lateral Neck Ultrasound and Fine Needle Aspiration: A Single Institution Experience. (Presented at the American Head and Neck Society 2023)
8. Hoerle R, Mussarat S, Johnston M, Qiao X. Chryseobacterium Indologenes ARDS in a Young and Immunocompetent Patient. (Presented at the American Thoracic Society 2023)
9. Armas D, Bademian S, Corder J, Kcomt M, Vilela A, Qiao X. Mesenteric Ischemia Mimicking Acute Coronary Syndrome. (Presented at the American College of Physicians 2023)
10. Ayesha F, Duggins M, Thompson A, Shah M. Abstract# 1396724: Cryptic Catecholamines. AACE Annual Meeting 2023.

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Researcher Spotlight—Anum Javaid, PGY3 Internal Medicine Resi-

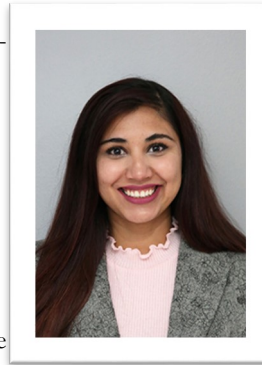
Please tell us about yourself. I grew up in Pakistan in a family of medical professionals. My father has been my inspiration as he is an internist and runs a charity clinic. I am passionate and dedicated to serving my patients and providing the best possible medical care. I continuously strive to stay updated with the latest advancements in medicine through ongoing education and research. Furthermore, I like to stay actively engaged in the community to promote health education and equal access to quality healthcare. My goal is to make a positive impact on the well being of individuals and contribute to a healthier future for all.

What excites you about research? What areas do you hope to improve upon in the future? I am excited about research due to its potential to advance medicine, improve patient outcomes, and drive positive change. In the future, I aim to contribute in the developing field of obesity medicine, promote preventive care and health education, address healthcare disparities, and explore the integration of technology and digital health innovations.

Do you have a researcher mentor? If yes, how did you initially connect with them and what skills have you learned through their mentorship? My first research mentor is Dr. Faiz Anwer at the department of Hematology and Medical Oncology in Cleveland Clinic. I got in touch with Dr. Anwer through an online research group, where I learnt valuable skills such as data analysis, scientific writing, literature review, collaboration, and ethical considerations. I am fortunate to have many more mentors throughout my residency journey at EVMS.

What advice do you have for other fellows, residents, or medical students who wish to identify a scholarly project here at EVMS? My advice would be for them to identify their interests, seek guidance from mentors, collaborate with peers, utilize institutional resources at EVMS, and maintain persistence and flexibility throughout the process. Embrace the opportunity for growth and contribution in the field of medicine.

What is your favorite hobby, a recent book you've read or a TV show that you've watched...and tell us what you enjoy about it/them! I love to travel and explore different cultures. A book that I am currently reading is called "The Hidden Life of Trees" by Peter Wohlleben. It is interesting to learn about the complexity of trees, which seem boring on the surface, but have very interesting behaviors and relationships with their surroundings.



"Research is seeing what everybody else has seen and thinking what nobody else has thought." -Albert Szent-Gyorgyi

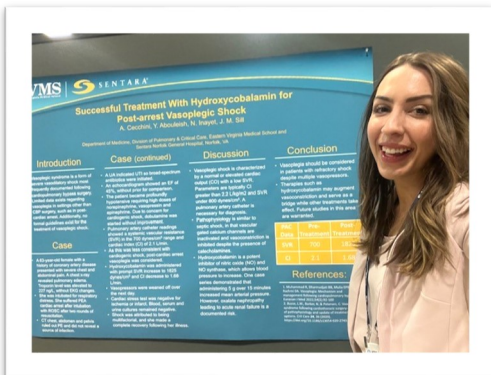
Awards, Media Highlights, & Mentorship

Galacia-Castillo M. Spotify Podcast: What is Palliative Care? [Web link](#)

X. Qiao. YouTube video: Advancing Medicine Through Clinical Trials. [Web link](#)

Lieb D. Secrets to Success: Stories of a personal Clinical Career Journey (Session speaker at the Endocrine Society 2023)

Lieb D. Interviewing Skills for Clinical Practice Jobs. (Session speaker at the Endocrine Society 2023)



Our PCCM Fellows presented at ATS, Washington D.C.

Reminders:

Abstracts for Critical Care Congress 2024 (Phoenix, AZ) due 8/2/23

ID Week's call for Late Breaker Abstracts (Boston, MA) due 8/16/23

Abstracts for the Virginia Chapter of ACP—Virtual Resident Abstract Competition (Richmond, VA) due 8/18/23

Call for Late Breaking Abstracts for GSA 2023 (Tampa, FL) due 8/24/23

Bootcamp: Introduction to Clinical Research workshop, 8/26/23 from 8:30 a.m.-5:00 p.m.

Call for abstracts for Early Career Professionals & Professionals in Training—AAHPM's annual assembly (Phoenix, AZ) due 9/25/23

Please send scholarly updates & departmental pictures to: SiljJD@evms.edu