

## **Occupational Wellness**

- Tuition Assistance: https://www.odu.edu/facultystaff/employee-services/benefits/tuition-assistance
- Professional Development: <a href="https://www.odu.edu/facultystaff/training-development/executive-development-series-eds">https://www.odu.edu/facultystaff/training-development/executive-development-series-eds</a>
- ODU LinkedIn Learning: https://www.odu.edu/ts/software-services/linkedin-learning
- Commonwealth of Virginia Learning Center: https://covlc.virginia.gov/Default.aspx
- Workplace Effectiveness (conflict and leadership) Coaching: <u>https://www.dhrm.virginia.gov/coaching</u>
- Software Available for Employees: <a href="https://www.odu.edu/ts/software-services">https://www.odu.edu/ts/software-services</a>
- ODU Library: Free books and articles for educational resources for professional development: <a href="https://www.odu.edu/library">https://www.odu.edu/library</a>