



Women's Navy Uniform Sizing Chart

Did you know that women's uniforms come in 3 different body types: Junior (J), Misses (M) and Women's (W)? The junior is 2" smaller in the hip than the misses and 4" smaller than the women's. They also come in 3 lengths to accommodate your height: petite (5'3½" and under), regular (5'3½" - 5'7") and tall (5'7" and above).

TO DETERMINE YOUR BEST SIZE:

1. Have a sales associate take your measurements as described below.
2. Use the chart to predict your size. For example, a 12MR has the following measurements:
Bust: 37½", Waist: 29½", Hip: 40", Height: 5'5"
3. Determine the correct fit. For a skirt or slacks, fit the waist. In the example above, if the 12MR hip is too big, try a 12JR. If a hip is too small, try a 12WR. If the waist is too tight, try the next size. For a jumper or dress coat, fit the bust. Adjust the body type to fit the hip.

JUNIORS						
Height: Petite: 5'3½" and under	Regular: 5'3½" to 5'7"				Tall: 5'7" and above	
Size	6J	8J	10J	12J	14J	16J
Bust	33½	34½	36	37½	39	41
Waist	25½	26½	28	29½	31	33
Hip	34	35	36½	38	39½	41½

MISSES												
Height: Petite: 5'3½" and under	Regular: 5'3½" to 5'7"								Tall: 5'7" and above			
Size	4M	6M	8M	10M	12M	14M	16M	18M	20M	22M	24M	26M
Bust	32½	33½	34½	36	37½	39	41	43	45	47	49	51
Waist	24½	25½	26½	28	29½	31	33	35	37	39	41	43
Hip	35	36	37	38½	40	41½	43½	45½	47½	49½	51½	53½

WOMEN'S												
Height: Petite: 5'3½" and under	Regular: 5'3½" to 5'7"								Tall: 5'7" and above			
Size	4W	6W	8W	10W	12W	14W	16W	18W	20W	22W	24W	26W
Bust	32½	33½	34½	36	37½	39	41	43	45	47	49	51
Waist	24½	25½	26½	28	29½	31	33	35	37	39	41	43
Hip	37	38	39	40½	42	43½	45½	47½	49½	51½	53½	55½

Bust: With arms relaxed down at sides, measure over the fullest part of your bust, keeping tape parallel to the floor.

Waist: Measure around your natural waistline; keep your measuring tape comfortably loose. Don't measure over clothing.

Hip: Stand with heels together. Measure around the fullest part of your hips.

Sleeve Length: Stand with arm relaxed. Measure from the bone in the center of the back to the sleeve seam, and continue around the elbow to the wrist bone.

TABLES

Size designations are related to body measurements: Chest and waist for men; bust, waist and hip for women. Lengths are based on height measurements. For example, a man with a 38-inch chest and 5 feet 8 inches tall wears 38 regular, while another man with a 38-inch chest and 6 feet tall wears 38 long.

The length is determined by the man's height as shown in Table I. Scale does not work for a sailor that has a long torso and short legs. Care should be taken by the fitters to fit each article of clothing separately.

The following tables should be consulted for information on the uniform sizes that will most closely fit the body measurements listed.

TABLE I - HEIGHT SCALE*

		Height	
Garment Length		Male	Female
Short	(S)	5 ft 2in. to 5 ft 6in.	5 ft to 5 ft 2in.
Regular	(R)	5 ft 7in. to 5 ft 10in.	5 ft 3in. to 5 ft 5in.
Long	(L)	5 ft 11in. to 6 ft 1in.	5 ft 6in. to 5 ft 9in.
Extra Long	(XL)	6 ft 2in. to 6ft 5in.	
Extra Extra Long	(XXL)	6 ft 6in. to 6 ft 9in.	

*Uniforms are stocked in accordance with the height scale listed in Table I. Review Table I for the uniform length that will most closely fit the man's (woman's) height.

TABLE II - HEADWEAR SCALE*

Hat Size	Head Circumference	Hat size	Head Circumference
6	19	7-3/8	23-1/8
6-1/8	19-3/8	7-1/2	23-1/2
6-1/4	19-3/4	7-5/8	23-7/8
6-3/8	20-1/8	7-3/4	24-1/4
6-1/2	20-1/2	7-7/8	24-5/8
6-5/8	20-7/8	8	25
6-3/4	21-1/4	8-1/8	25-3/8
6-7/8	21-5/8	8-1/4	25-3/4
7	22	8-3/8	26-1/8
7-1/8	22-3/8	8-1/2	26-1/2
7-1/4	22-3/4		

*The hat size will be determined by the man's (woman's) head circumference. For example, a man with a 22-inch head measurement wears a size 7 hat as shown in Table II.